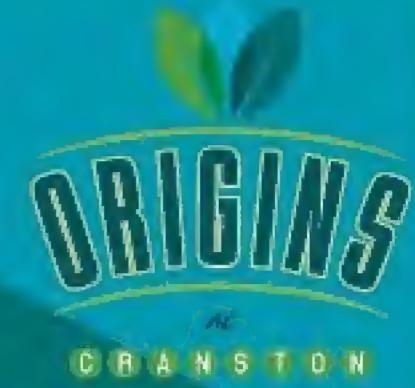




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Reichel Poucette, from Morley, and Anthony Crowshoe, from the Piikani Nation, celebrate at Indian Village in the new ENMAX Park on Thursday. CANDICE WARD/FOR METRO



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The Power to Surprise





Meet the potential PC leaders

POLITICS

Official launch of race starts October 1 in Lethbridge

 **Jeremy Simes**
For Metro | Calgary

There are eight candidates eyeing the Alberta PC leadership race and many have familiar faces, much like Jason Kenney.

On Thursday, Metro confirmed either through interviews or sources that a handful of Albertans are considering the PC leadership in light of the media circus that's followed Conservative MP Jason Kenney's official PC leadership announcement.

The list includes former Tory ministers, a familiar city councillor and downtown Edmonton and Calgary lawyers.

Interim PC Leader Ric McIver, who isn't on the contender's list, will be replaced after the election occurs sometime before April 30, 2017.

The viewpoints of some of the political heavyweights on the list are in stark contrast to Kenney, who's staunch fiscal and social conservatism skews him a bit more right than past PC leaders, like Alison Redford.

On Wednesday, Kenney said his mandate is to unite the Wildrose and PC parties under one banner to hopefully defeat the governing Alberta NDP. At its annual general meeting, PC Alberta also sent a clear mandate that it won't unite with another conservative party.



Sandra Jansen

Calgary North West PC MLA Sandra Jansen is currently the Education, Human Services and Status of Women opposition critic. Under former Premier Alison Redford's rein, Jansen served as the Associate Minister of Family and Community Safety. She has been vocal about LGBTQ rights and has tackled issues like human trafficking, violence against women and child exploitation.



Thomas Lukaszuk

Former PC Edmonton Castle Downs Thomas Lukaszuk's portfolio includes Minister of Employment and Immigration, Minister of Education and Deputy Premier. In an interview on Thursday, he said, "I've always had and always will have that burning in the belly ... I'm definitely not precluding it from a possibility." In other words, he's interested.



Harman Kandola

Harman Kandola ran as PC candidate in the 2015 provincial election under Prentice for the riding of Edmonton Ellerslie. He is a lawyer in Edmonton that primarily focuses on litigation matters related to commercial and civil disputes. On Monday, he said he was considering the leadership bid for the PCs.



Doug Schweitzer

Doug Schweitzer managed Prentice's leadership campaign that saw the former premier elected in the riding of Calgary Foothills. Schweitzer is a lawyer with Dentons in Calgary, primarily focussing on insolvency and restructuring, private lending and distressed asset transactions.



Michael Oshry

Michael Oshry is currently an Edmonton city councillor for Ward 5. He co-founded FIRMA Foreign Exchange, which has 22 locations across five countries. He was elected as a city councillor in 2013 and has served various boards, committee and initiatives.



Stephen Khan

Former PC St. Albert MLA Stephen Khan served as Minister of Human Services under Prentice. Khan has worked in Alberta's film industry and ran a software firm. In an interview on Thursday, Khan said, "Like a lot of my colleagues, I'm mulling it over."



Richard Starke

Vermillion Lloydminster PC MLA Richard Starke has served as Minister of Tourism, Parks and Recreation in 2013 but was later shuffled under the former government. He is currently the Opposition House Leader for the PCs and has worked as a veterinarian.



Diana McQueen

Former PC Drayton Valley Calmar MLA Diana McQueen served as the Minister of Environment and Water and Minister of Energy under Redford, and Minister of Municipal Affairs under former Premier Jim Prentice. She also served as the Mayor of Drayton Valley from 2001 to 2008.

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PHOTO RADAR

Middle man nixed from fees

Ryan Tumilty
Metro | Edmonton

The Alberta government is cutting private-industry profits from traffic ticket fees by halving the \$6 processing fee and in turn saving government an estimated \$2.5 million annually.

Service Alberta minister Stephanie McLean announced Thursday that the government is ending its contract with the Association of Alberta Registry Agents, which saw the industry association collect a \$6 fee for online payments.

McLean said the province was shouldering the vast majority of the costs for paying tickets online and that the organization was charging a fee that saw it make money.

"The government always provided the back-end platform to make this possible, but the association for registry agents was charging an amount that gave them a profit," she said. "We have removed the profit portion and just made the expense what it costs to be able to operate."

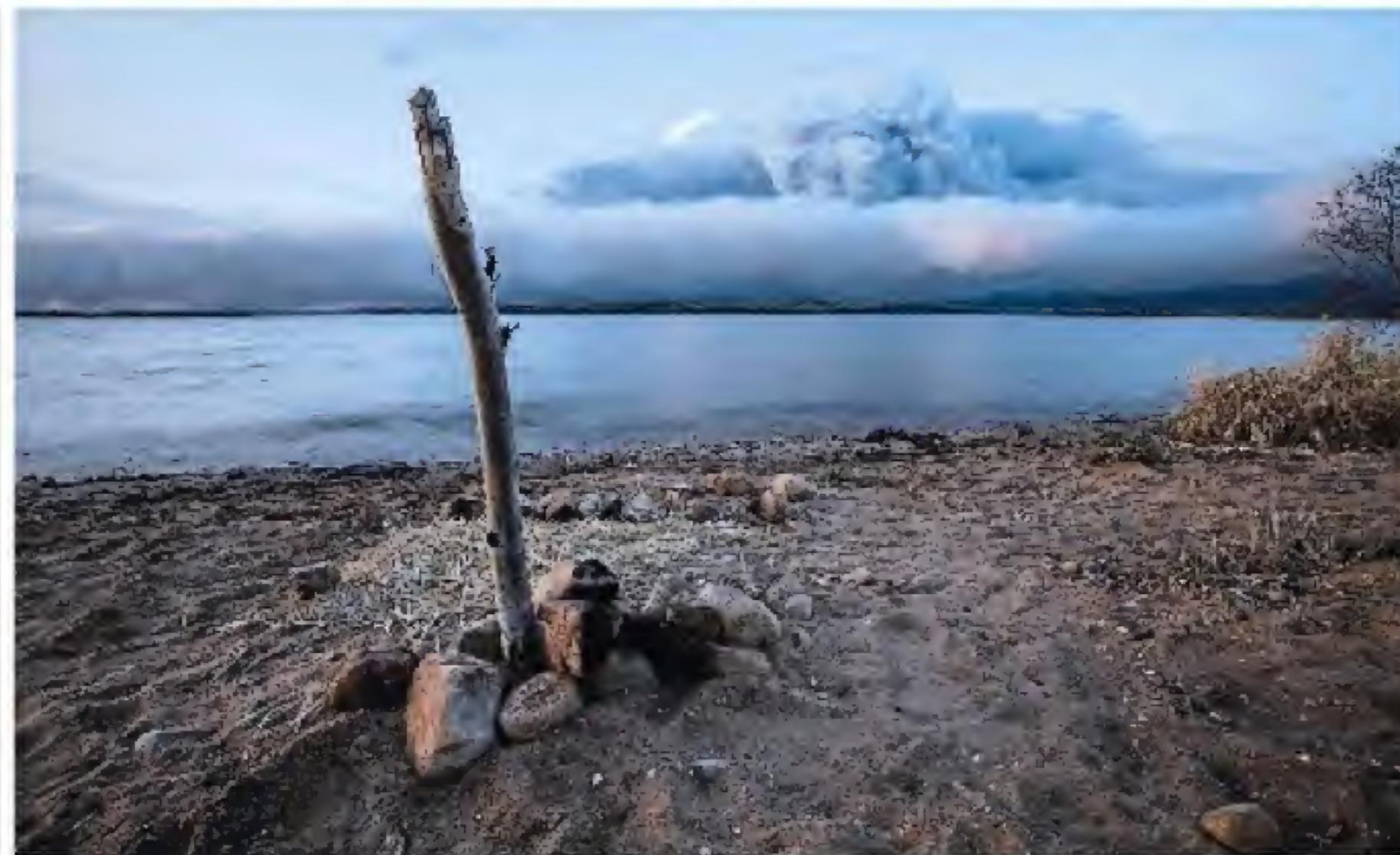
The contract with the registry agents was signed in 2004 and McLean said she was unable to find a good reason to keep it in place.

IN BRIEF

Albertans invited to fish for free this weekend

In honour of National Fishing Week, Albertans and visitors to the province can fish for free and without a licence this weekend only — July 9 and 10.

The offer does not apply to bodies of water within national parks, and regulations such as daily limits still apply. METRO



The Insurance Bureau of Canada says the Fort McMurray wildfire is estimated to be Canada's costliest disaster. KEVIN TUONG/FOR METRO

Wildfires caused \$3.58B in damage, insurers say

FORT MCMURRAY

Governments urged to better anticipate disasters

The wildfire that rendered the heart of oilsands country a charred and ashy mess is estimated to be the costliest disaster in Canada, worrying evidence that extreme weather events have increased in frequency and severity, the Insurance Bureau of Canada said Thursday.

About \$3.58 billion in damage is expected due to the fire in May that swept through Fort

McMurray nearly twice as much as the January 1998 ice storms that paralyzed eastern Ontario and southern Quebec. That disaster resulted in just over \$2 billion in damages when converted into 2015 dollars, the bureau said.

"Ultimately what we are seeing is that our climate is changing, and the long-term trends are directly a result of some of those dynamics," Bill Adams, Western and Pacific vice-president for the bureau, said on a conference call.

Adams urged various levels of government to design building codes and land use policies that "keep people out of harm's way" by anticipating fires, floods and other disasters. Specifically, he

“Our climate is changing, and the long-term trends are directly a result of some of those dynamics.”

Bill Adams

said people should stop building houses in flood plains and putting flammable cedar shingles on homes in the middle of forests.

Last week, Fort McMurray fire Chief Darby Allen issued a similar call for less flammable

home construction materials and a bigger buffer zone between the city and the forest. In response, Melissa Blake, the mayor of the Wood Buffalo Regional Municipality that encompasses Fort McMurray, said she thinks change may come through personal choices rather than new bylaws or building codes.

In an audit published in May, Julie Gelfand, the federal environment and sustainable development commissioner, recommended that the National Building Code be updated to take into account increasingly frequent severe weather events stemming from climate change.

THE CANADIAN PRESS

OPIOID OVERDOSE Naloxone spray gets reviewed

Jeremy Simes
For Metro | Calgary

Alberta Health confirmed it's currently reviewing how naloxone nasal spray can be part of the government's existing take-home naloxone program.

On Wednesday, Health Canada said it's expediting the review of naloxone nasal spray for the Canadian market and will temporarily allow the product to be imported from the United States.

In an email, Alberta Health said it currently has several thousand take-home naloxone kits for use at no cost to Albertans who are at risk of opioid overdose.

"However, the spray will be an important tool in our efforts to help save lives," Alberta Health said. "Decisions about access to naloxone spray in Alberta will be made before current supplies of injectable naloxone kits are used up."

Naloxone is antidote that can reverse the overdose effects of fentanyl and other opiates when administered via syringe.

The spray version, however, is given through one nostril and only contains one dose of medicine, meaning it can't be reused.

According to Narcan Nasal Spray, which makes the naloxone nasal spray, said most patients respond within two to three minutes when receiving a dose. However, those administering it should call 911 immediately.

The government has said 171 of 1,773 naloxone kits dispensed by the Alberta Community Coalition on HIV have been reported to reverse overdoses.

From January 1 to March 31, 69 people died as a result of fentanyl-related complications, and 395 were hospitalized by poisoning from other opioids, including fentanyl.

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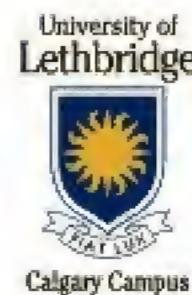


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Tristan Bray, VP external for the Students' Union at the University of Calgary.
JENNIFER FRIESSEN / FOR METRO

Students say suite reform needs work

UNIVERSITY OF CALGARY

Leaders urge councillors to amend motion



Helen Pike
Metro | Calgary

For students, the suite motion isn't such a sweet deal.

Coun. Shane Keating's motion to reform secondary suite policies was tabled until the July 25 meeting after a series of land use items bogged this week's council meeting down. But student leaders with a keen eye to regulations say what's on the table leaves much to be desired.

"Our thing around the zones is they don't include the communities around the University of Calgary, which is a concern for us," said the University of Calgary Students' Union VP external Tristan Bray. He said the move to add cost to applying for a suite, as well as the fee for having one adds red tape

to the process.

Bray said without changes to the motion, it could be detrimental to the ultimate goal of improving the city's legal suite availability with extra barriers.

"The key things for us is that they are safe and affordable," Bray said. "I think the time to get it done is going to be the 2017 municipal election—that's when the conversation for major reform is going to happen."

The issue, which has been dormant in terms of SU advocacy, is still a huge priority for students as some fear it could push them out of their current homes.

As one student, who wished not to be named, said she's afraid the mandatory registry could force landlords who currently have illegal suites (like hers) to reconsider renting to current tenants, or raising rents to keep up with the cost of bringing their suites to code.

"As a student you kind of live in whatever it takes to live in, as long as it's not costing you \$1,000 a month," she said. "The financial aspect of things is a big concern for me as a student."

When she moved in she wasn't aware she'd picked an illegal suite, but soon discovered it might not be up to code. She's lived there for four years, and with affordable rent and her near-campus location, finding a new comparable place would be tough on short notice.

Bray said student leaders are currently meeting with councillors and urging them to consider amendments to the current motion.

As for the plebiscite, he said the SU has already seen how Calgarians feel about secondary suites through their own commissioned poll, along with others.

"We really see the plebiscite as a way of delaying a solution to the real problem, which is the safety of tenants in our community."



The key things for us is that they are safe and affordable.

Tristan Bray

CAMPUS EATS

Carl's Jr. to join food court options

After an uncertain start, and some student opposition, it looks like Carl's Jr. is prepping to open up a burger joint in MacEwan Hall.

Jeff Branton, vice president for Carl's Jr. Canada said they're hoping, but definitely being optimistic for a Sept. opening.

In May, the Students' Union approved the vendor to take

the place of Sweet & Savoury in the student-run food court with some strict restrictions on the company's famous saucy ad campaigns.

Then, in June, controversy over the burger joint's plans erupted on social media, which led to duelling petitions, one for the juicy establishment, and one against its "sexist"

and objectifying ads.

The company was not apologetic for its meat-hocking tactics at the time.

They will be taking steps to renovate the MacEwan Hall space before opening in the food court. Restrictions have been set by the Students' Union on their ads.

HELEN PIKE/METRO



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Drunk driving down 17%, police say

TRAFFIC

Numbers show steady decline over the past few years

Lucie Edwardson
Metro | Calgary

According to Calgary police,

drinking and driving related crimes and crashes are on the decline — but there's still a long ways to go.

This past weekend Calgary woman, Kanaye Renfrew, 30, lost her life after the car she was a passenger in hit the median on Memorial Drive and crashed into a tree.

According to police, the vehicle was travelling more than 120 km/h where the speed limit is posted as 50

km/h.

"On the weekend there was a fatal crash that killed a young lady and we believe the primary cause of the crash was speed and alcohol — so that's really unfortunate," said CPS Traffic Unit Staff Sgt. Paul Stacey.

Stacey said although the crash highlights the worst consequences of driving drunk, overall things are improving and impaired driving charges

are decreasing year over year.

"We're down 17 per cent in impaired charges from this time last year and in 2015 we saw a decrease of 18 per cent from the year before," he said. "We've seen a steady decline over the last number of years."

According to Stacey, this means lives are also being saved.

"I don't want to jinx it, but, we've also seen a steady drop in alcohol-involved fatal

crashes — we're down two fatal crashes involving alcohol from the same time last year," he said.

"This time last year we had six and this year we have four."

Statistics provided by CPS indicate that over the 2016 May long weekend, eight people were charged with Criminal Code impaired driving offences and an additional 20 people received a provin-

cial licence suspension.

This is in comparison to the May long weekend in 2015 where 19 people were charged with criminal code impaired driving offences and 22 people received provincial licence suspensions.

Drivers can be charged with impaired driving if they have a .08 blood alcohol level—and there is a zero tolerance policy for those holding a graduated drivers licence.

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Kye Kocher, president of YYC Growers & Distributors, poses in the society's current fridge — and it's pretty teeny tiny.

HELEN PIKE / METRO

FARMING

Growers seek funds for a bigger fridge

Helen Pike
Metro | Calgary

Calgary's urban farmer's produce is getting too big for their refrigerators.

In 2013, when YYC Growers started up their non-profit collective of farmers trying to grow in Calgary they had 60 harvest box subscriptions — fast forward two years in 2016 and they were now at over 500 — that's a lot of veg.

"It's pretty insane how large we've scaled up," said Kye Kocher, president of YYC Growers & Distributors.

"We've also gone from doing restaurants here and there, to now targeting a volume we can provide for restaurants."

So, as the group partners with more urban farmers, rural farmers and restaurants they need somewhere new to put the stuff.

Currently, the YYC Growers use a DIY cooler in a Sunalta garage. They're tripping over each other and need to move on to new digs.

"Our potential for volume and production is so much higher because we have six or seven rural farmers now, and the volume of a rural farmer is quite a magnitude more than most of the urban farmers," said Kocher.

"Calgarians are becoming much more aware, much more socially conscious in supporting local food."

Kocher said the new locale would cost the group \$25,000, so to keep pressure off the farmers, they're hoping to raise the money through crowdfunding.

"We need to build a much larger cooler, so we can store all of our farmer co-op members produce," Kocher said.

"Typically in most businesses when they're growing and developing they have investors who support them to help fund that growth, through crowdfunding we're giving Calgarians the opportunity to support us, and become donors."

He added it's much less of a corporate approach, and more an opportunity for locals to get behind the movement.

"We're a society, and not a for-profit corporation, so we can't sell shares," Kocher said. "We've been trying to be a company focused on providing to the farmers ... we want to make sure we can have money that's generated return back to the farmers."

The space will have two different coolers with different temperatures, one for fruits and one for veggies.

For more information, and to contribute visit facebook.com/yycgrowers/



Elizabeth Chorney-Booth, left, Kurt Kadatz, Pam Krause and Stephanie McLean all joined to announce the 2016 #SafeStampede campaign. JENNIFER FRIESEN/FOR METRO

Staff trained to lasso safety issues

SECURITY

Organizers encourage good behaviour at 2016 event

Helen Pike
Metro | Calgary

Calgary Stampede is putting its best cowboy boot forward this year when it comes to safer spaces.

On Tuesday night, the Calgary Sexual Health Centre (CSHC) trained Nashville North staff in active bystander tactics, consent and how to handle disclosure. Stampede this year partnered with the grassroots #safestampede group to uphold positive behaviour and class under the brim of a cowboy hat.

"We want people to have a safe celebration, we want people to feel they can go out and enjoy themselves," said Calgary Stampede spokesman Kurt Kadatz.

"This is so they can have fun and not feel anxious about the behaviour of their fellow tent-goers, or citizens — it's not just Stampede, it's across the city."

The workshops, which were initiated by the Society for the Advocacy of Safer Spaces, are on offer for all bars and clubs in Calgary, hosted by the CSHC. These workshops provide both staff and management with the tools they need to help their clientele to feel safe. The initiative is new, and launched with Sled Island.

"This is the start of something," Kadatz said. "We're going to get a little bit of a teaser session, introduce some of the key concepts, the notion of intervention, and evaluate how to roll out elements of this course to different portions of our year-round Stampede staff base."

Pam Krause, Executive Director with CSHC said she's real-

ly encouraged by Stampede's move, and hopes that next year the course will be expanded to a wider variety of their staff.

To CSHC, these courses are as important, and complementary to training like first aid. They give staff the tools they need to be active bystanders and react when people are being harassed.

Veronica Lawrence with SASS said at this time the Calgary Stampede isn't seeking the seal of approval they offer; the seal was developed to eventually notify people an establishment has completed requirements to be SASS approved.

"We're encouraged by the fact that Stampede is looking to create safer spaces," Lawrence said. "I think it's amazing that these conversations are happening ... I think Stampede has recognized that the safety of their patrons needs to be paramount and that extends to sexual harassment."

The safety of their patrons needs to be paramount and extends to sexual harassment. Veronica Lawrence

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Flapjacking hospitality

TRADITION

Customary breakfast a symbol of West's spirit

Lucie Edwardson
Metro | Calgary

Pancake breakfasts have become a staple of the Stampede spirit, and for those looking for fantastic flapjacks, there are plenty of options this year.

Ruth Ann Rayner, a 35-year veteran volunteer on the Stampede Caravan Committee (those in charge of the official pancake breakfasts), says they embody what Stampede is all about.

"Pancake breakfasts have really become a symbol of Western hospitality," she said.

Rayner said during this year's Stampede the group will be hosting 14 official breakfasts that will have entertainment, petting zoos and music for guests to enjoy—but most importantly, pancakes.

"We will be feeding 100,000 people over the course of Stam-



Ruth Ann Rayner has been a volunteer with the Stampede Caravan Committee for 35 years.

She said they'll serve around 200,000 pancakes this year. JENNIFER FRIESEN/FOR METRO

pede," she said. "That is 200,000 pancakes and enough batter to fill an Olympic sized pool."

Rayner said the free pancake breakfasts are aimed at helping anyone and everyone have a great Stampede experience.

"Even if they can't make it

down to the grounds, we want to make sure everyone can participate in Stampede in some way," she said.

Simon Corrin, the man behind the Flapjack Finder app and owner of Vannin Technology, said he started the app because

his family was always looking for information about pancake breakfasts during Stampede.

"I have three small children and we love pancake breakfasts," he said. "We thought if we want this information other people probably do, too."

"We will be feeding 100,000 people over the course of Stampede."

Ruth Ann Rayner

Corrin said although there's a website, the app was made in order to give people the convenience of having it at their fingertips.

Flapjack Finder uses your geolocation to tell you where all the pancake breakfasts are in relation to your location, and it will even map out a route for you to get there.

Corrin said the app's been very well received.

"It's been downloaded by 22,000 people and we have over 200 pancake breakfasts listed," he said.

For more information about the Stampede Caravan Committee's breakfasts visit: caravan.calgarystampede.com. To download the Flapjack Finder app, visit the app store on your smartphone.

FOOD

City flips out for pancakes

Helen Pike
Metro | Calgary

Calgary's Downtown Association is touting one of their biggest turnouts for their annual First Flip Stampede Breakfast, despite the downturn and tough times.

On Thursday, folks were reportedly camped out before the free event, which marks the beginning of hundreds of Stampede breakfasts to come.

"This would have been one of our strong years, for sure," said Calgary Downtown Association executive director Maggie Schofield. "Some of the corporate stuff is off a bit, but people are really really hoping the tourists will come—as they're expected to."

She said the city has seen travellers arriving as early as May, and the American tourists are definitely here enjoying Stampede and the depressed dollar.

"If we can get some decent weather, I think we'll have some decent crowds... we're not hoping for a banner year, but we're hoping for a strong year," said Schofield.

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Adam Rea, left, and Daniel Schneider have made big strides with their business since winning the RBC Fast Pitch Competition in April. LUCIE EDWARDSON/METRO

Cafés help brew up Cups2Go launch

BUSINESS

Entrepreneurs sold 20,000 units in first two weeks

Lucie Edwardson
Metro | Calgary

Things are moving quickly for the guys behind the 2016 RBC Fast Pitch-winning submission, Cups2Go.

Daniel Schneider said although it was a tough call, he decided to move forward with his idea without his Fast Pitch teammates — but that hasn't slowed him down one bit.

"I've brought a partner on board named Adam Rea, and it's just taken off from there."

he said.

Schneider said the duo has since secured their intellectual property with McCarthy Tétrault, selected a manufacturer and begun sales.

"In the first two weeks we've sold 20,000 units," he said. "We've sold 10,000 to Rosso Coffee Roasters, 5,000 to Higher Ground Café and 5,000 to Brew and Blendz at U of C."

Cups2Go will launch its products this weekend — Saturday at Higher Grounds Café in Kensington and Sunday at Rosso Coffee Roasters in Inglewood, from 10 a.m. to 2 p.m. both days.

Schneider said although they did their beta testing at Globe

Cinema, their focus is now on coffee shops.

"We've definitely shifted to the coffee industry, and so far it's going fantastic," he said.

The entrepreneur said it's been a learning experience, but it's definitely beginning to pay off.

"It's actually amazing; you don't actually realize all the little details and how much work has to be put into something until you're actually doing it," he said. "It feels really good to finally say the product I've created is now being launched."

Schneider said he and Rea have decided to take the next year off school to focus on Cups2Go.

It feels really good to finally say the product I've created is now being launched. Daniel Schneider

DRUGS

Two arrested in big fentanyl bust

Kevin Maimann
Metro | Edmonton

Millions of fentanyl pills were kept off the street following a nine-month police investigation that led to the arrest of an Edmonton couple Wednesday.

The Alberta Law Enforcement Response Team seized four kilograms of W-18 powder, 3,200 fentanyl pills and 100 kilograms of N-phenethylpiperidinone (NPP) — a legal substance used in fentanyl production — in addition to numerous other drugs, precursors and weapons.

"This was a highly complex and demanding investigation," said ALERT Staff Sgt. Dave

Knibbs.

Knibbs said the NPP could have theoretically produced 38 million fentanyl pills, assuming each pill contained two milligrams of fentanyl, which he calls a "conservative estimate."

The 3,200 fentanyl pills seized also contained W-18 and were being sold as Percocet.

The investigation began in October 2015 when Canada Border Services Agency officers intercepted the NPP in four barrels at the Edmonton International Airport as it was en route from China.

The ensuing ALERT investigation, conducted in collaboration with RCMP, the Edmonton Police Service and several other agencies, led to search warrants be-

ing carried out in December on a southeast Edmonton home, a Red Deer County business and a suspected fentanyl lab in Leduc County.

Knibbs said a child was present in the Edmonton home, where investigators also found two kilograms of benzylpiperazine (BZP) and two kilograms of trifluoromethylphenylpiperazine (TFMPP) — which mimic ecstasy when mixed together — as well as a loaded shotgun and a semi-automatic rifle.

Dean Clayton Abbott, 41, and Shavon Carlene Wenger, 32, were arrested Wednesday and face 27 charges related to drugs and firearms. Abbott was convicted in a 2002 shooting, and Wenger was his common-law spouse.

USED CARS SOLD AT DEALERSHIPS COST

Carl Holst, Sales Manager of Stampede Toyota, just announced plans to hold a dealer cost used car and truck sales event taking place, one day only Saturday July 9, 2016. According to Mr. Holst record sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a tremendous rate", Holst said. "Now, we must reduce the number of cars and trucks on our used lot to a more manageable number. During this Dealer Cost Event between 9am and 10am every used car and truck will be sold at the dealerships cost. Every hour thereafter the prices will increase \$500 every hour on the hour. These prices will be thousands below the original price." Mr. Holst said. "in fact, cars that normally sell for thirteen to eighteen thousand dollars will be sold for eight to thirteen thousand," Mr. Holst said. "Our customers will find these prices even lower than at wholesale auctions."

One of Calgary's largest Toyota certified used vehicle dealers is overstocked and is forced to sell used cars and trucks at the dealerships cost, Saturday July 9, 2016 during a one-day sale event.

ada Highway. At 8:00 am all vehicles will be opened so that buyers may inspect the vehicles for one hour before the sale begins Saturday at 9:00am when the prices are posted on the windshield you will be given the first opportunity to purchase the vehicle at the dealership cost. This innovative approach to selling used vehicles will make it

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easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle.

"Canadian and American wholesale buyers will be represented to pay top dollar on all trade-ins during the sale," Mr. Holst said. "We also have three of the best Financial Service Managers in the City, who will help buyers arrange low-cost financing. We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 600 new and used cars and trucks. We want to remind everyone that this is a one-day sale only. When our inventory has been reduced, we will remove the sale prices and return to normal operations.

Since we are a local business we would like to give back to the community," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than wholesale them at an auction." Due to the volume of sales during this event, please no telephone inquiries.

Kenney vows clean fundraising

ELECTIONS ALBERTA

PC campaigns not legally constrained until Oct. 1

Jeremy Simes
For Metro | Calgary

Jason Kenney's Alberta PC leadership campaign can fundraise and spend as much as it wants up until Oct. 1 without disclosing a penny to Elections Alberta, but the Conservative MP assured fundraising will govern as if the writ has already dropped.

On Thursday, Kenney told reporters contributions to his campaign will be limited to \$30,000 per individual, which he said was the limit set by the PC party in past years.

He said a not-for-profit political organization, Unite Alberta, will "govern its fundraising as though it were during the post-October formal leadership election period."

That means the Kenney camp will only receive con-



Conservative MP Jason Kenney is gunning for the Alberta PC leadership with a mandate to unite the Wildrose and PCs. THE CANADIAN PRESS

tributions from individual Albertans and no corporations.

Under current Alberta election laws, Kenney can currently raise money and spend without having to disclose it, according to Kevin Lee, director of finance with Elections Alberta.

"He is only required to dis-

close any fundraising with us once he's registered as a candidate," Lee said.

Any funds spent during the contest time — which begins on Oct. 1 — must be disclosed with Elections Alberta, Lee added.

"They wouldn't be able to spend any of that money (funds

raised prior to registration) once they're registered," he said.

"Anything that's raised and spent prior to the registration is not bound by our legislation."

Katherine O'Neill, president of PC Alberta, said the organization will discuss compensation

He is only required to disclose any fundraising with Elections Alberta us once he's registered as a candidate.

Kevin Lee

rules in the coming months.

"It's fiscally conservative for all candidates to spend wisely," O'Neill said. "In a recession, the expectation is to not go over the top. We expect all candidates to do that (not go over the top)."

Melanee Thomas, political scientist and professor at the University of Calgary, said Kenney currently has an advantage because no other PC leadership hopefuls have officially declared.

"He can set the entire narrative and he has," Thomas said. "What is very smart about what he is doing, and with the fundraising too, is build this momentum to this unification of the PCs and the Wildrose."

KENNEY CAMPAIGN Website broke rules

Alberta PC leadership hopeful Jason Kenney's website has been removed from the government-funded parliamentary site after it broke the rules by re-directing to the Conservative MP's provincial leadership campaign.

In an email, Office of the Speaker spokeswoman Heather Bradley said House Administration had been in touch with Kenney to change the link.

"MPs are allowed to have more than one website link from the parl.gc.ca website," Bradley said. "However, the website they are pointing to cannot be to a political campaign."

At a press conference Thursday, Kenney told reporters the link was a technical error made by a junior.

"This is silly gotcha stuff," he said. "I'm sure that 99.99 per cent of people who want to go to my website just Google it. If this is a national political news story, it must be a pretty slow news week."

JEREMY SIMES/FOR METRO



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Music live in a dive

ENTERTAINMENT

100 years of history — the King Eddy sings once more



Calgary's King Edward Hotel is the most authentic story about music in Calgary.

That's why NMC president Andrew Mosker chose it as the site for the new National Music Centre, and has been working tirelessly to bring music back to the famed blues bar since its closure in 2004.

"It embodied the true spirit of music," he said.



The King Eddy has been restored, keeping the original bricks, as part of the National Music Centre. COURTESY NMC

Through the Bell Live series, music will finally return to the affectionately dubbed King Eddy on July 8.

Many are happy to see its return — after all, the building has been a fixture in Calgary since 1905, and featured music on its small stage long before it became a blues icon.

to say Home of the Blues," said John Rutherford, musician and King Eddy historian.

The blues era started at about 1982, but for the decade prior, The King Eddy billed itself as a country rock bar.

In fact, Rutherford said in 1981 — just before the switch to blues — a rock band made a live record in the King Eddy.

"It couldn't be titled more perfectly," he laughed. "Live in a Dive."

"It was a band called Moon-dog out of Oklahoma City."

Even in the '70s, local bands played in the Eddy.

Music was in its bricks.

THE SEEDY ERA OF BLUES

It took a few years for word to get out about the blues bar, but eventually Calgary started attracting blues legends like



Bill Dowey was part of the King Eddy house band during the height of the blues era. COURTESY BILL DOWEY

The Eddy's reputation wasn't entirely earned though — he said there were few serious incidents at the bar. It was a place where all walks of life came together — the Mayor and oil CEOs would share a pint with bikers and working men.

The hotel still operated as well, mostly single guys in gritty conditions.

Some rooms had bathrooms. Some did not.

BOOM! YOU'RE CLOSED

By 2004, the King Eddy's popularity had waned. People still stopped by, but the golden age of blues had ended.

Bill Dowey, who played in the Eddy's house band for 14 years, said the place was maintained as well as it could have been, but one day black mould was found in the building.

"Once the health department found out about it, it

was serious enough they shut it down within 24 hours. And that was it," said Dowey. "It was a shock to everybody. Our regular thing is going on, and then boom! You're closed."

THE DIVE RETURNS

In 2007, Mosker approached the City of Calgary about building the National Music Centre, and preserving the Eddy, which had been empty for three years.

Now, more than a decade later, the Eddy is back, but the blues community has moved on. A few members have passed away, and others keep blues alive how they can.

"I'm glad they're paying tribute to the history of the King Eddy. It looks fantastic," said Dowey. "But, it's not going to be the way it was. It was a special time, and it's passed.

"But it's wonderful that the sign is still there. It's an icon."



The King Eddy has been a fixture in Calgary for more than 100 years, originally standing in Whisky Row among a bevy of other hotels. COURTESY NMC



I'm glad they're paying tribute to the history of the King Eddy. It looks fantastic. Bill Dowey

COUNTRY ROCK

On the west wall of the King Eddy, there stood a big cowboy hat sign, with mountains and smoke. Below, it said Calgary's Home of the Blues.

Originally, that sign said Calgary's Home of Country Rock. "Rather than paint over the whole sign, they just fixed it

One night, after famed Chicago guitarist Jimmy Johnson stepped off stage, a small fight broke out, a table fell, and Johnson darted towards the exit sign.

"I asked him about it later," Rutherford explained. "He said, 'Son, where I'm from, the next thing that happens is a gun comes out.'

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Six hilarious days ... in jail

SCENE YYC

Playwright's Fringe show a true-ish tale of husband's woe

Aaron Chatha
Metro | Calgary

When Cherie Caslyn's husband told her about the six days he once spent in a Washington jail, he was recounting a somewhat terrifying experience.

But all she was hearing was comedy gold.

"Just that phrase, six days in jail — who spends six days in jail in Omak, Washington?" she laughed.

That story became the basis for her play at this year's Calgary Fringe Festival, called *Six Days in Jail: A True-ish*

Comedy.

It began when her boyfriend, having just received his last paycheque, hopped in his car and hit the road, driving back to university. Unfortunately, it was late, he was sleepy, and he ended up rolling his car. Bewildered, he flagged down a sheriff for help.

"Obviously, the sheriff saw a young, 20-something-year-old man — a boy really — and thought, this can't be true, he must have been drinking, and throws him in the back of the patrol car," recounted Caslyn.

It was a long weekend, there was no judge, and he was thrown in the tank with a group of brutal, hardened killers.

Just kidding.

He was in there with a fruit picker, two brothers who were also carnival folk, a Korean man who thought he was Jamaican and a few other oddballs.

"It's not the *Shawshank Redemption*," Caslyn said.

She couldn't help but take the experience and turn it into a play.

"Just what do these guys do in a county jail? Because, they're not hardened criminals; they're not murderers. There's a guy in jail because he squirted salt water in a vending machine."

Having days with nothing to do but interact with each other, the audience is privy to the deep, intimate conversations that happen between inmates, such as what chocolate bar is their favourite and why.

Six Days in Jail starts on July 29 at the Alexandra Centre Society as part of the annual Calgary Fringe Festival.

Calgary Fringe has been running since 2006 as a festival to highlight the city's unique blend of artistic talents. A full schedule is available at calgaryfringe.ca.

Six Days in Jail

A True-ish Comedy
By Cherie Dianne Caslyn



A rendering of Cherie Caslyn's husband's comical ordeal during his brief stint in jail — which has now been turned into a play. COURTESY CHERIE CASLYN

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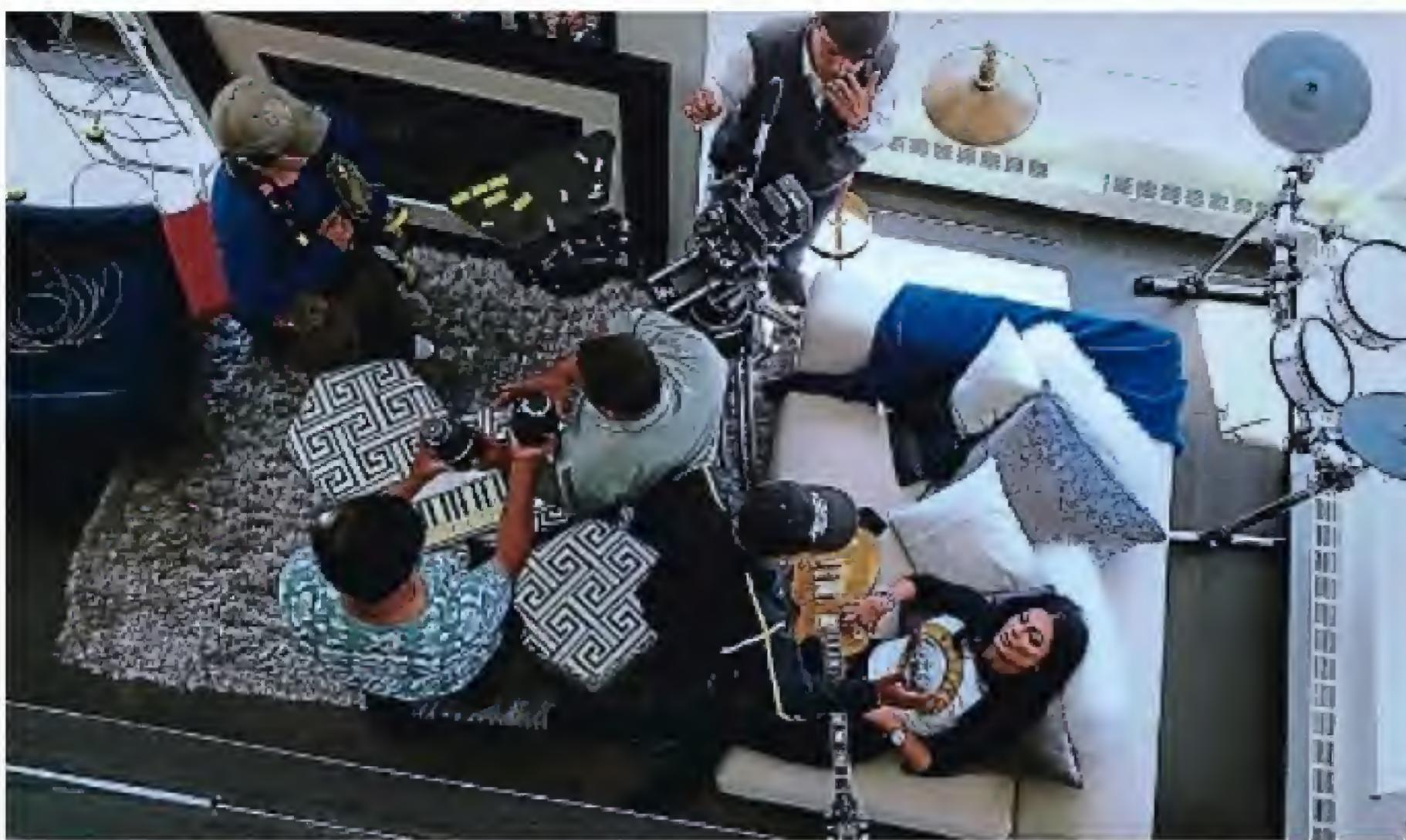
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Mira Pucchi was contracted to provide makeup exclusively for star Neeru Bajwa as she films in Calgary. COURTESY ROLA MUHIEDDINE

Making that movie beauty magic

ARTS

Local company scores makeup contract for Bollywood film



Aaron Chattha
Metro | Calgary

India's rising stars have touched down to shoot a movie in Calgary — but it's makeup artist Rola Muhieddine that's the foundation of their success.

Muhieddine and her team of 10 artists and five hairstylists have been contracted to work on the film *Jindua*, a Punjabi Cinema rom-com shooting in Calgary for

the next month.

That massive team isn't styling up the entire cast though — Muhieddine's company, Mira Pucchi, is working exclusively with rising star Neeru Bajwa.

"She's phenomenal," said Muhieddine. "It's a little intimidating at first when you step into her world, but she's a mom. She's got her little one here as well. Super humble, super sweet, very thorough with the looks she wants to achieve — and she has yet to be disappointed. I can tell you that much!"

Production has been moving at a breakneck speed, meaning Mira Pucchi artists are taking shifts on glam patrol for Bajwa at all hours.

"You're on set from when they start until they finish — that could be 9 a.m. to 2 a.m., stand-

ing there making sure she's not shiny and nothing is budging," Muhieddine explained. "It's intense because it's on set, moving from one location to the other. You're expected to have your full team there, from one location to another at a quick pace."

Muhieddine calls their look the Signature Mira Glow, which focuses on making their models camera ready with an air-brushed quality. Apparently Bajwa has been pretty happy with her look, too — stopping to Instagram the makeup team on her personal account.

Mira Pucchi is run by Muhieddine and her partner Mariam Akbar. They specialize in classic and Bollywood bridal makeup. Recently the pair started a theatrical division and pro-artist certification program — they



Rola Muhieddine, left, and Neeru Bajwa. INSTAGRAM

have a full Glam Squad mobile throughout the city.

The movie, which features Bollywood star Jimmy Shergill, has been using a number of local actors and businesses during the production.

WEEKEND EVENTS

FRIDAY - Cyclepalooza

The final weekend for Cyclepalooza 2016 kicks off on Friday with events including Turn Up for Turn Boxes, YYC Beer by Bike Tour, Urban Beekeeping Day and Bike Maintenance 101. The community-driven DIY bicycle festival aims to bring people together through cycling.

For more information, visit cyclepalooza.ca.

SATURDAY - Dogie Do Rodeo

The annual fundraising event is held by the Canadian Progress Club during the Stampede. Including rodeo entertainment, dinner and a barn dance, all proceeds from the Dogie Do Rodeo go to Big Brothers and Big Sisters of Calgary and Area. This year's events include a horse and egg race, calf scramble and tube chuck race. Visit cpccalgary.com.

SATURDAY - Femme Wave Festival

The 2016 Femme Wave Festival fundraiser and clothing drive features All Hands on Jane, the Torchettes, Mariel Buckley, Yolanda Sargeant and others. Donations of new women's clothing in any size will be accepted for the Calgary Women's Emergency Shelter. Femme Wave, a feminist arts festival, begins at 7 p.m. at the Palomino Smokehouse.

SUNDAY - Blue Rodeo

After 13 studio albums and close to 30 years of performing together, Blue Rodeo is an iconic country rock band. Famous for their single Try, they've made it into the Canadian Music Hall of Fame. Now they bring their talents to the Banff Centre's Shaw Amphitheatre, with special guests the Samm Bailey Band. Visit banffcentre.ca.

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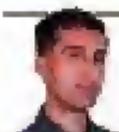


The Lemon Bucket Orkestra is known for eclectic performances, where it's not unusual for the musicians to jump into the crowd. CONTRIBUTED

Protests inspired band's folk opera

SCENE YYC

Lemon Bucket Orkestra featured at Folk Festival



Aaron Chatha
Metro | Calgary

2014. We spent a lot of time on the square during the protests, then in the months following, then got involved volunteering and travelling to play for soldiers on the front.

Both of us being folk musicians and writers, we decided that we really wanted to put together a piece that encapsulated what our experience was — what we felt and saw that wasn't being communicated to the people close to us.

We wrote this script, we brought it to our friends at Lemon Bucket Orkestra. They of course got right into it, and we started to explore.

The whole idea was, we couldn't really do it in a conventional way.

We spoke with band member Mark Marczyk.

How did the newest album, *Moorka*, come together?
It's our third album, our second full-length album. I can tell you, it's an album that was really difficult for us to get through, just because of the circumstances

at the time. The original plan was for us to record it in the springtime of 2014. I had gone to Ukraine to work on a film score and ended up in the middle of the protests.

When I returned, I had a rehearsal with Lemon Bucket almost that day. The first thing that came out of my mouth was, "Hey, guys. I know we've been on break for about a month ... but, I need to go back to Ukraine."

I had four of our members who said, yeah, let's go back, let's use our music to show that there are people outside, in the world that are empathizing with the situation.

We stayed there a couple of months, came back to Canada and immediately went into a three-month-long tour.

Right after the tour, we decided to go straight into the studio.

For the full Folk Fest lineup, visit calgaryfolkfest.com.

COURT

Crown appeals sentence in toddler's meningitis death

Alberta prosecutors are appealing the sentences given to a couple who failed to get proper medical treatment for their son who later died of bacterial meningitis.

Last month Justice Rodney Jerke sentenced David Stephan to jail for four months and gave his wife, Collet, three months of around-the-clock house arrest — she will only

be allowed to go out for medical appointments and church.

Both will be on probation for two years after they complete their sentences and were ordered to do 240 hours of community service by 2018.

The parents were found guilty of failing to provide the necessities of life to 19-month-old Ezekiel, who was treated with hot peppers.

garlic, onions and horseradish before he died of bacterial meningitis.

The Crown is appealing on a number of grounds including that the sentence is not "proportionate to the gravity of the offence" and that the judge failed to give sufficient weight to aggravating factors.

No court date has been set.

THE CANADIAN PRESS

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Erik Gracia and Brent Lewelling spent Thursday morning at the Gracia family home in McKenzie Lake. JENNIFER FRIESEN/FOR METRO

Boy, 9, meets his stem-cell saviour

CANCER

Donor agreed to undergo a major surgery for stranger

Jennifer Friesen
For Metro

At 20 years old, Brent Lewelling received a phone call that would save a little boy's life.

The young Texan signed up to be a potential stem-cell donor while still in high school, and, two years later, he got the call asking if he could donate his bone marrow to an unknown child in Canada.

"Immediately, I felt this

pull," he said. "I felt like I needed, and I wanted, to do it."

It's been three years since that phone call, but now that the little boy has moved into recovery, he finally had the chance to meet his superhero.

Lewelling flew to Calgary with his wife and daughter on Tuesday to spend the week with nine-year-old Erik Gracia and his family.

In 2010, Erik was diagnosed with acute myeloid leukemia, a high-risk cancer of the blood. He was given a 50 per cent survival rate and, after relapsing when he was six, his chances went down to 25 to 40 per cent.

The doctors told his parents, Carol and Paul, that his only chance was a perfect match from a bone-marrow donor, and the best chances were if

“Immediately, I felt this pull.”
Brent Lewelling

the anonymous donor underwent major surgery to extract the stem cells.

In 2013, they were told they had a possible donor but would need to ask him if he would be willing to undergo the surgery for the best possible results.

"That was a long 48 hours," said Carol.

"But (the nurse) came in and she said, 'He said he will do it.' It just completely blows my mind. There were a few periods as an in-patient where

both my husband and I were being prepared for a worst-case scenario and just trying to hold on to that dream — that hope — that he could grow up and have a normal childhood and look strong and look fearless and enjoy life ... and to see that actually fully realized, it just blows me away."

But Lewelling said it was never even a question.

After his flight landed, he recalls searching the airport for a map when he turned around to see Erik waving at him. Erik ran up, gave him a hug and started telling him about all his favourite sports.

"I teared up," said Lewelling.

"But he was just so excited that it kind of calmed me down. It was just priceless; it was the best feeling I could ever have."

DEVELOPMENT

Cut red tape to densify core: Report

Brodie Thomas
Metro | Calgary

A new report from the Fraser Institute says if Calgary wants to densify its inner city, it needs to find a better way to regulate housing construction.

Kenneth Green, senior director of natural-resource studies at the Fraser Institute, said

the study looked at greenfield developments as well as rebuilds in developed areas.

He said permit wait times and opposition from community groups are two of the biggest factors delaying growth of new housing stock.

The study found that from 2006 to 2011, the Calgary region saw a lot of its growth in outlying areas such as Cochrane and Airdrie.

He said if all those municipalities, including Rocky View County, had a standardized regulation process, the city would've seen much more growth and densification in the downtown.

"The stated goal of getting people to move into the urban core is being undercut by the existing regulations," said Green.

He said the city needs to

look at the areas where housing is not growing as much as they would like and find ways to make the regulations more streamlined and competitive.

"It's having things like streamlined regulations, so you only deal with one actor with a defined timeline where you know what is going to happen at the end and you know how much it's going to cost."

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POLITICS

Electoral reform won't be easy: Election chief

The Liberals' proposal to overhaul Canada's electoral system just got more complicated.

Outgoing Chief Electoral Officer Marc Mayrand told MPs Thursday a new voting system may require a long and difficult process to redraw Canada's 338 electoral districts.

Mayrand said it's still possible, if the government moves quickly, to put in place a new system for 2019 — but it's not so simple as placing a new process over the existing ridings.

"Even looking at a streamlined process to simply aggregate the current ridings, you will have pockets where aggregation will not necessarily be the best way to go. You may find, among other things, a community of interest could be linguistic. Or you may suddenly, through aggregation, completely dilute a community of interest."

Part of the problem is that Elections Canada doesn't know what kind of system will be ultimately proposed.

The electoral reform committee is meeting throughout the summer to come up with a recommendation for Democratic Institutions Minister Maryam Monsef. The Liberal cabinet,

DETAILS

- While the Liberals have not endorsed any system, the NDP is pushing for a form of proportional representation, which they argue would reflect the popular vote.
- The Conservatives are generally thought to support the current first-past-the-post system, and say Canada's 149-year-old voting system shouldn't be substantially changed without a referendum.
- Mayrand told MPs that Elections Canada estimates a referendum would cost around \$300 million.

however, will ultimately decide on legislation.

Mayrand, who is stepping down later this year, said many things are possible — but repeatedly noted the clock is ticking. Elections Canada has worked on a number of contingency plans, but requires a new system approved no later than May 2017.

TORSTAR NEWS SERVICE

IN BRIEF

24 Sussex to get makeover

Rather than taking a giant wrecking ball to the prime minister's official residence, the National Capital Commission is making clear it wants to give the building a facelift. Debate over what to do about deficiencies at 24 Sussex Drive has been swirling since last October when it was announced that Prime Minister Justin Trudeau and his family would not be moving into the home.

THE CANADIAN PRESS

Stay clear of whale: Rescuer

A whale rescuer is urging boaters in Newfoundland to steer clear and call it in if they see a humpback dragging fishing gear. Wayne Ledwell says the whale was last reported Tuesday night off Bonavista Bay in Newfoundland pulling a fisherman's buoy. The orange balloon was about 100 metres behind the whale, which is believed to be dragging a long rope and other gear. THE CANADIAN PRESS



Defence Minister Harjit Sajjan and two-year-old Sophia Popalyar during a visit to Parliament Hill on Thursday. CONTRIBUTED

Toddler's political tantrum gets results

PARLIAMENT

Sophia's tearful demand to meet Harjit Sajjan was granted

A two-year-old girl's tearful plea on Canada Day has turned into a dream come true.

Sophia Popalyar got her wish Thursday, touring Parliament Hill with Defence Minister Harjit Sajjan and even sitting in the Speaker's chair in the House of Commons.

The visit was the result of a Twitter courtship over the last week between the toddler, who has a knack for recalling

the names of federal Liberal cabinet ministers, and Sajjan, a key minister in Justin Trudeau's cabinet.

On July 1, Popalyar's father, Fawad, filmed his daughter in the family car as she heartbreakingly asked to go to the Canada Day festivities on Parliament Hill, regardless of the rainy weather.

In the clip, Sophia said she wanted to see the defence minister. The only problem was that Sajjan happened to be celebrating in his home province of B.C.

A short while later, Sajjan posted his own video addressed to Sophia, promising that his staff would arrange a meeting upon his return.

"I'm looking forward to meeting you because one of my goals

is to meet with future leaders of Canada," he said.

The minister met Sophia, who was accompanied by her parents, in the rotunda, just inside from the House of Commons' main entrance. Hunkering down to the young girl's eye-level the two talked about how the historic building would be just the place for a game of tag or hide and seek, said Sajjan's spokesman, Jordan Owens.

They toured the Senate, the Library of Parliament and the Commons, where Sophia sat in the Speaker's chair.

"(The minister) asked her what she wanted to be when she grew up and she said 'Justin Trudeau,'" Owens said. "The minister told her that Justin Trudeau wants her to be prime minister."

Sajjan posted a picture on Twitter of the two of them walking hand in hand through Parliament Hill's Centre Block.

"I met my new friend Sophia today," Sajjan wrote. "When she grows up, she wants to be prime minister. I bet she will."

TORSTAR NEWS SERVICE

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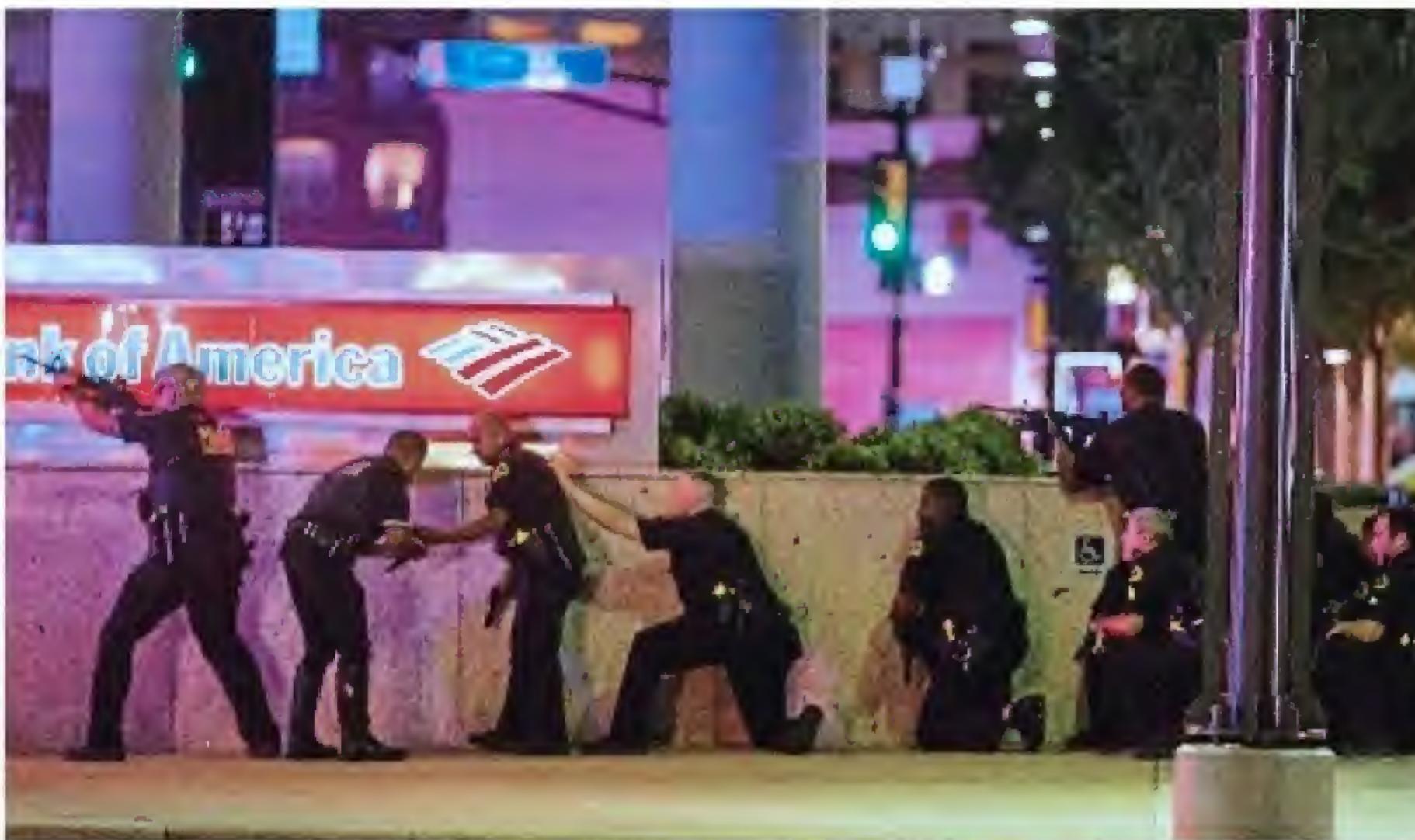
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Police respond after shots were fired at a rally in Dallas on Thursday. SMILEY N. POOL/DALLAS MORNING NEWS/THE ASSOCIATED PRESS

Police killed by snipers in Dallas

TEXAS

Shots ring out during protest of shootings of two black men

Two snipers apparently shot 10 police officers during protests in Dallas on Thursday night and three officers are dead, the city's police chief said in a statement.

A statement from Dallas Police Chief David Brown said "it appears that two snipers shot ten police officers from elevated positions during the protest/rally."

The gunfire broke out

around 8:45 p.m. Thursday while hundreds of people were gathered to protest fatal police shootings this week in Louisiana and Minnesota.

The statement said three officers are dead, two were in surgery and were in critical condition.

"An intensive search" for suspects was underway, it said and no one was in custody.

Live TV video showed protesters marching along a street in downtown, about half a mile from City Hall, when the shots erupted and the crowd scattered, seeking cover.

TV cameras showed the search for the gunman stretched throughout downtown, an area of hotels, res-

taurants, businesses and some residential apartments. The scene was chaotic, with helicopters hovering overhead and officers with automatic rifles on the street corners. Carlos Harris said the shooters "were strategic. It was tap tap pause. Tap tap pause."

On Wednesday, a Minnesota officer fatally shot Philando Castile in a St. Paul suburb. The aftermath of the shooting was purportedly livestreamed in a widely shared Facebook video.

A day earlier, Alton Sterling was shot in Louisiana after being pinned to the pavement by two white officers. That, too, was captured on a cellphone video. THE ASSOCIATED PRESS

Drake 'scared' by killing

Drake has spoken out against the killing of Alton Sterling by police in Louisiana, saying it points to a larger problem.

The rapper posted on Instagram that he was "disheartened, emotional and truly scared" after hearing about the shooting.

The violence outside a Baton Rouge convenience store late Tuesday was captured in two amateur videos posted online, which quickly went viral. One of the videos directly shows a tussle between officers and Sterling before he is shot in the chest.

THE CANADIAN PRESS



Drake
AFP/GETTY IMAGES

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U.S. ELECTION

Trump goes on rant about mosquitoes



Donald Trump gave his most unhinged rant in Cincinnati on Wednesday. GETTY IMAGES

We might as well start with the mosquito.

Donald Trump was speaking in Cincinnati on Wednesday night, trying to stay something critical about Democrats. But he kept getting distracted by a pest flying in his line of vision.

"I don't want mosquitoes around me," he said, whacking on his podium. His voice rose to a shout: "I don't like mosquitoes!" Then he growled, "I don't like those mosquitoes, I never did." Then, he said, "Speaking of mosquitoes, hello Hillary."

It was one of the most bizarre sequences you'll ever see from

a presidential nominee. And it wasn't even the strangest part of the night — which ended with the Republican angrily tweeting a photo of a book of stickers from the Disney film Frozen to mock accusations that he had made an anti-Semitic attack on Democratic nominee Hillary Clinton.

Trump has delivered dozens of unorthodox addresses in a successful campaign that has thrilled millions of voters and laid waste to wisdom about how politicians must talk and behave. But his rant was you-gotta-see-it-to-believe-it odd.

"Objectively as alarming, in

mental-balance terms, as anything we have seen from a major party candidate in modern history," wrote James Fallows, the Atlantic correspondent and former chief speech writer to President Jimmy Carter.

"A concerned family would be talking about taking car keys away from Donald Trump not giving him nuclear codes," said Stuart Stevens, chief strategist to Mitt Romney's 2012 campaign and a staunch Trump critic.

"He is absolutely and certifiably insane," read a post on RedState, a popular conservative website. TORSTAR NEWS SERVICE

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Brides all tied up in knots

CANADA POST DISPUTE

Mail stoppage could trap invitations in the system

For some brides and grooms, the beautifully embossed invitation, carefully addressed by hand and delivered by mail, is a tradition worth preserving.

But now they are worried Canada Post's threat it will lock out 50,000 workers Monday — pushed back from an original deadline of Friday — could trap all those invitations and accompanying tiny RSVP envelopes in the post office.

Yvonne Post, 34, wanted to send out formal invitations because so many items that arrive in the mailbox are junk.

"It's always so nice when you get an invitation to something, especially celebrating a wedding," she said. "I guess it's old-school, but it was important to us."

So now Post and her fiancé Todd Rieck, 32, are looking at personally handing out their



Olivia Purchase and Kenny Mair. CONTRIBUTED

invitations for their September wedding, already addressed but

not stamped.

"Luckily my shower is on Saturday, so I'm going to bring them to hand out in person," she said. "It's not ideal, but it's an opportunity where I can see everybody."

Her fiancé will probably deliver some at his bachelor party

Labour Minister MaryAnn Mihychuk has urged Canada Post and its union to consider binding arbitration to reach a contract. Canada Post says

it's willing, but the Canadian Union of Postal Workers, which represents 50,000 employees in two units, has flatly rejected it.

The union has filed a complaint of unfair labour practice to the Canada Industrial Relations Board, accusing Canada Post of failing to negotiate in good faith.

Fearing a disruption to mail service, Rita Freitas, 33, and Anthony Pagliaroli, 32, printed up extra inserts for their wedding invitations, asking guests to respond via email.

Freitas said they still included the RSVP cards when the invitations were mailed, having paid for them, and a few people have mailed them back already. But because some of their guests live overseas, it's unclear whether the international invitations, sent last

week, will get there before any stoppage.

Olivia Purchase, 29, and Kenny Mair, 31, who are also getting married in September, sent out their invitations in May, but gave their guests until late July to respond.

Purchase had only received a few responses by last week when she learned about the potential postal shutdown.

That sent her straight to her computer to post on Facebook, reminding guests to send back their responses as soon as possible.

The couple has since received a flood of cards as well as emails and text messages. They are still waiting for responses from more than 60 people, many of whom live in Jamaica or the United States, who would not be aware of the dispute at Canada Post.

Purchase said some of her friends have told her they are hanging on to the RSVP cards, waiting to deliver them in person, rather than risking the mail.

"Every day, I run to the mailbox to see how many are there going to be," she said.

"I don't want to miss somebody because the response is in limbo," she said.

TORSTAR NEWS SERVICE

POSTAL SERVICES

What will and won't be delivered

Here's what you need to know if there's a halt in postal services:

1 Packages and letters in the system will be stuck there and no new items will be accepted. You still have to pay your hydro, water or other bill on time even if it doesn't arrive in the mail.

2 Postal workers will still deliver government pension and benefits, but not all.

3 You can call 1-800-206-7218 to ask for an employment insurance, cheque that can be picked up at the nearest Service Canada location.

4 Passport applications will need to be done in person.

5 Mail sent to the Canada Revenue Agency or mail they send you won't be delivered.

6 A note on Amazon's website says that until further notice, it won't ship to P.O. boxes and Canada Post retail locations.

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Take notice that on July 18th, 2016 at 9:30 AM o'clock in the forenoon; a hearing will take place in the Family and Youth Court, located at the Calgary Courts Centre, 601, 5th St. S.W. in the City of Calgary, in the Province of Alberta. A Director under the Child, Youth and Family Enhancement Act will make an application for a Permanent Guardianship Order on a matter in which you are interested. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes. You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: **MELISSA DIXON**
SIKSIKA FAMILY SERVICES
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Telephone: (403) 272-6004

NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

Stephen Marini Sr.

Take notice that on the 5th day of January 2017 at 10:45 a.m., at Calgary Family Court, Courtroom #821, 601 – 5th Street SW, Calgary, Alberta, a Judicial Dispute Resolution will take place.

Take notice that on the 5th day of January 2017 at 2:00 p.m., at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a Pre-Trial Conference will take place.

Take notice that on the 14th, 15th, 16th, and 17th days of February 2017 at 9:30 a.m., at Calgary Family Court, Courtroom # To Be Determined, 601 – 5th Street SW, Calgary, Alberta, a Trial will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for a Permanent Guardianship Order; of your child born on **October 9, 2014**. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: **Jackie Ellice; Leanne Baines; Daniella Eggink**
Calgary Region, Child and Family Services
Phone: (403) 297-2978

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CALGARY STAMPEDE PARADE



CALGARY STAMPEDE



CALGARY STAMPEDE

The parade spectacular: it's been worth the wait

Every hour waiting in the pre-dawn light, every blocked off street and traffic snarl, every complaint from kids who just can't wait — it's all worth it when the Calgary Stampede Parade marches by.

Stampede's opening spectacular will have over 700 horses, 15 marching bands, 125 entries and over 4,000 participants.

Take in the creative and dazzling floats, vibrate with the beat of the marching bands and get a little choked up with the salute to Fort McMurray first responders. Oh, and if that's not all, there's also a 3,000-pound Brahma bull named Wild West Willie.

About 140 full-time volunteers work

year round to make the parade happen and many hundreds more help out the day before and day of the parade.

Volunteers come from every background you can imagine, said Michael Wetherup, chair of the parade committee.

"We have farmers, ranchers, talented horse wranglers, doctors, lawyers and social media people," he says. The parade "promotes our city, it promotes the stampede and it brings a lot to our community."

Just how much the city loved the parade came to light when floodwaters crashed through Calgary in 2013. A call from Mayor Naheed Nenshi made it clear,

Wetherup says, that he didn't care if there was a Stampede that year but there had to be a parade.

"That said it all to me and how the city feels about it."

By the time people pack up their lawn chairs, Wetherup says he hopes they enjoyed the entertainment, but also take home a sense of community and tradition.

"That tradition of keeping families together," he says. "Because with today with all the electronics and how fast-paced we are, it's really a chance for family to sit down; it's for all generations."

-JENNIFER TAPLIN

The Parade

- 7:30 a.m. — Parade Prelude begins.
- 8:55 a.m. — Parade begins and takes this route: Begins at 6th Avenue and 3rd Street SE and travels west; Turns south at 6th Avenue and 10th Street SW; Turns east at 9th Avenue and 10th Street SW; and finishes at 9th Avenue and 4th Street SE.
- The Calgary Stampede Parade is 4.8 kilometres in length and takes about two hours to pass.
- Crowds of around 200,000 people are expected.



Make the most of Stampede fun with natural goodness

With the Stampede upon us, Community Natural Foods turns its sights to the health and wellness of Stampede-goers, both Calgary residents and visitors alike.

"We like to talk about the 80/20 rule — make good choices the majority of the time, but have fun too," says Nicole Boisvert, certified holistic nutritionist and community engagement coordinator for Community Natural Foods. "People don't think of being prepared for a day at the Stampede. We have lots of natural, organic items that can help if you overdo it, but taking a bit of time to plan for your day is key."

Bring essentials in your purse or backpack, says Boisvert. Community Natural Foods reminds us that a successful day outside starts by packing right — and that includes natural sunscreen (to prevent getting burned to a crisp). But if a sunburn happens, the company recommends topical skin care pain relief, and a natural herb like butterbur for headaches.

What's a fair and midway without corn dogs, mini-donuts and the like? All the fun foods can also cause stomach upset, so digestive enzymes can help keep the good times rolling, according to Community Natural Foods. It's recommended to choose things like corn on the cob, turkey legs, donairs and souvlaki — something vegetable-based with protein that'll keep you going all day long. Eating a decent meal before heading to Stampede is another way to combat all the sweet, gooey food and drink of the midway.

For many, a good time at the Stampede means partying at beverage tents, and Community Natural Foods has you covered there too. The store carries small-packet electrolytes and coconut water — good measures to stay hydrated. Party Smart tablets are another popular choice for the after-effects of alcohol, reducing and eliminating nausea and body ache.

The morning after a long day and night



ISTOCK

of Stampede fun, have a breakfast with good quality proteins and fats — a smoothie or eggs, for example. Such foods balance blood sugar, detox the body and brain and provide much-needed electrolytes, adds Boisvert.

If you need a re-boot after Stampede fun, detox kits, ranging from a three-day supplement to 21 day kits with meal plan, are available. Community Natural Foods' knowledgeable staff can help you choose the right course.

Fill your boots.



We think about everything we put on our shelves, all year long — including during Stampede. Stock up on all your Stampede essentials, including sunscreen, healthy food to-go and supplements for any Stampede induced aches and pains.

Get your Stampede savings today!



Redeem this coupon at the time of your next in-store purchase. This coupon cannot be combined with any other promotion. No other discounts apply. Coupon has no cash value. Limit one per customer. Offer expires July 31, 2016.

METRO



Honouring those who worked tirelessly in Fort McMurray

A special entry in Friday's parade will further solidify the bond between one city who battled back from a flood and another who fought off a monster wildfire.

About 100 people representing the many agencies who worked tirelessly to fight the fire and helped with the evacuation in Fort McMurray will hold banners and march in the parade.

"I was born in Calgary so to me it's a great honour because I've grown up with the Calgary Stampede but to actually be a part of it, a parade I've attended for many years, is very humbling," said Dale Bendfeld with the Regional Municipality of Wood Buffalo, who was deeply involved with the evacuation. A soldier for 27 years and an RCMP officer for 10 he's no stranger to parades, but this one is sure to be different for Bendfeld.

Michael Wetherup, chair of the parade committee, said the Fort McMurray entry will give the crowds the opportunity to thank them for their hard work.

"These entries are pretty emotional,"

Wetherup said. "We did one during the flood year to acknowledge the first responders here in Calgary and it was a very emotional entry for people, and really well-received."

Bendfeld said he'll be bringing down 22 people from Wood Buffalo for the entry representing several agencies. First responders, transit drivers, utility services, forestry workers and many others will be there.

"We've brought all the groups together to be represented because it was not just the first responders, but an integrated team that got it done," he said.

And while everyone marching in the Fort McMurray entry appreciates the accolades, they're also there for another purpose, Bendfeld said.

"To thank (Calgary) for taking care of our citizens that were displaced by the fires," he said. "We're there to thank them."

Bill Gray, president and chairman of the Stampede board, said putting together an



CALGARY STAMPEDE

entry for Fort McMurray was something that received enormous support during parade planning. He said they sent out invitations to 50 to 60 agencies to be in the entry.

"I think it will be a very emotional entry and it will be very appreciated by the crowds here," Gray said.

-JENNIFER TAPLIN



CALGARY STAMPEDE

Add a chuckwagon to the latest in pickups, SUVs and sports cars

When chuck wagon competitor Dallas Dyck races down the track at this year's Stampede, the name Brasso Nissan (and other members of Calgary's auto mall) will be featured on the sponsoring tarp. Community engagement is just part of what has made Brasso Nissan Calgary's Nissan dealer for over 45 years.

Vehicle-shoppers can find the latest models of popular Nissan products, from the best selling Rogue SUV — at a great price and size for families — to new model Titan pickup trucks and sports cars for those looking for a different kind of ride.

"We also have one of the busiest service



CONTRIBUTED

departments in Canada — our customer service goes above and beyond," said Brasso Nissan's Tracey Anderson, pointing to the more than 30 vehicle loaners available to service custom-

ers. "We have the flexibility to handle express service drop-ins and appointments."

Brasso Nissan offers vehicles for lease and a fully-stocked inventory of Nissan car parts.

Special sale this month

This July, an exclusive Brasso Nissan demo sale features low kilometre, never-been-owned customer service vehicles at excellent prices (warranty and financing available).

For details on this special sale, go to brassonissan.com, or call or visit the dealership at 195 Glendeer Circle SE.

There's a busy used vehicle department too, with competitively-priced, inspected and detailed vehicles of all makes and models.



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at
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BUY your new vehicle
at PRE-OWNED Pricing!**



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Original price including Freight & PDI:
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ALL 2015 ROGUE SV
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\$25,998
Original price including Freight & PDI:
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Prices do not include GST. See dealer for details.



The New Adventures of Engine 23 comes to the Calgary Public Library

There's something about a fire truck that brings out the kid in all of us — we want to climb and explore, press a button, or pull a lever.

The Calgary Public Library taps into that sense of wonder, curiosity and excitement all summer long with a free exhibit, the New Adventures of Engine 23 — a real life fire truck turned 22-tonne early learning centre on display at the Central Library for kids (and the kid in all of us).

"Calgary Public Library is committed to providing learning opportunities for Calgary's youngest citizens, but to be honest, we have a hard time keeping parents off the truck too," says Katherine Cormack, senior manager of marketing and communications at the Calgary Public Library.

The interactive installation — developed through a partnership between Calgary Public Library and the Calgary Fire Department — helps children play and pretend together, learn life-saving fire safety tips, and put on their fire hats and coats to create their very own Engine 23 adventures.

It's guaranteed to bring reading to life for the library's youngest patrons in some fairly unique ways, according to Cormack.

"With this exhibit and all Calgary Public

Library children's programming, the aim is to get kids excited about the world around them — learning and reading as soon as possible.

We know that it gives kids a greater chance for success come school time, and that play creates the foundation for all future learning."

For Calgary's youngest residents, learning through play comes before reading, so an exhibit like Engine 23 offers the active, constructive, adventurous play that is a safe way to take risks.

"You don't need to tell kids to play on Engine 23 — you can't hold them back. And we want them to see the library as a place where wonder is a big part of life, and that that curiosity continues as they enter the world of reading eventually through reading," says Cormack.

The free Engine 23 exhibit is accessible during Central Library hours with special storytimes for toddlers and their parents/caregivers, goes on Mondays at 10:30 a.m. and their parents. Engine 23 storytime for families runs Fridays and Saturdays at 10:30 a.m. and Saturdays at 2 p.m.

And there's even a storytime with a real-life firefighter on Tuesdays at 2 p.m., Wednesdays at 1 p.m. and Thursdays at 2 p.m., all summer long.



CALGARY STAMPEDE

Library's summer reading programs keep kids learning



CALGARY STAMPEDE

Have you heard of the summer slide? It's a real phenomenon where children lose vital school year learning over the summer months, meaning that they go back to school in the fall, having forgotten key concepts from the previous grade and need fall review time to get back up to speed.

Educators understand that when kids aren't challenged over the summer, or don't have the opportunity to attend summer camps and programs, summer slide is more likely.

That's why the Calgary Public Library works closely with schools throughout the year and wants kids to go back to school in the fall fully prepared to tackle all the great learning ahead.

This year, the library offers three programs to keep kids and teens reading, questioning and creating.

The TD summer reading club for kids (ages 0-12) is a great way to keep children reading all summer, through fun activities, great books and prizes. Books, magazines, trivia and comics count too — so kids can read (or be read to) for two hours each week, record it on a ballot and enter to win weekly prizes or one of the grand prize \$100 gift cards to Toys 'r' Us.

"Library cards are free, as are all of our programs — so that all of Calgary's kids have access to all that the Library has to offer this summer and throughout the year," says Katherine Cormack, senior manager of marketing and communications for Calgary Public Library.

The Library just launched its brand new Million Question Challenge.

With Wonder Walls set up in every one of Calgary's 18 community libraries, kids 6-12 encouraged to ask one million questions this summer. Kids learn the art of asking great questions by filling their very own Big Journal of Questions and can enter to win a \$250 Toys "R" Us gift card, plus the chance to be 'Library Boss' for a day. Calgary teens love the Library's Youth Read program that gives them chances to win prizes by tracking their reading and completing creative challenges. With digital badges up for grabs, as well prizes like a Fujifilm Instax Mini 8 instant camera, iPad mini 4, Fitbit Flex and gift cards — what's not to love!

Information on all the summer programs is available at calgarylibrary.ca or inside the July-August Library Connect, available at your community library.



Yee-haw!

Come to Central Library for a special

ENGINE 23

Parade Day Storytime
today at 11:30 am

It's FREE!





Where a 'perfect sleep' is more than a sweet dream

Experts say that people should strive for at least seven hours of sleep each night and that's why choosing the right mattress is so important.

The sleep experts at Sleep Boutique are industry leaders in helping Calgarians get a great night of sleep — every night, according to Sleep Boutique owner Colin Crump.

"By choosing a custom mattress, our customers are meeting their own individual needs and not having to settle for something a manufacturer chooses for them because not every person is the same," Crump says.

Sleep Boutique is truly a one-stop shopping experience for its customers as it combines a showroom and the manufacturing of all mattresses on a single site.

"And our customers love our 'Perfect Sleep Guarantee,' which puts us miles ahead of any big box store. We have a local vibe since we are a high-mix, low-volume operation. What makes us different is we offer the best of both worlds: custom work at factory-direct prices."

Sleep Boutique carries a wide variety of

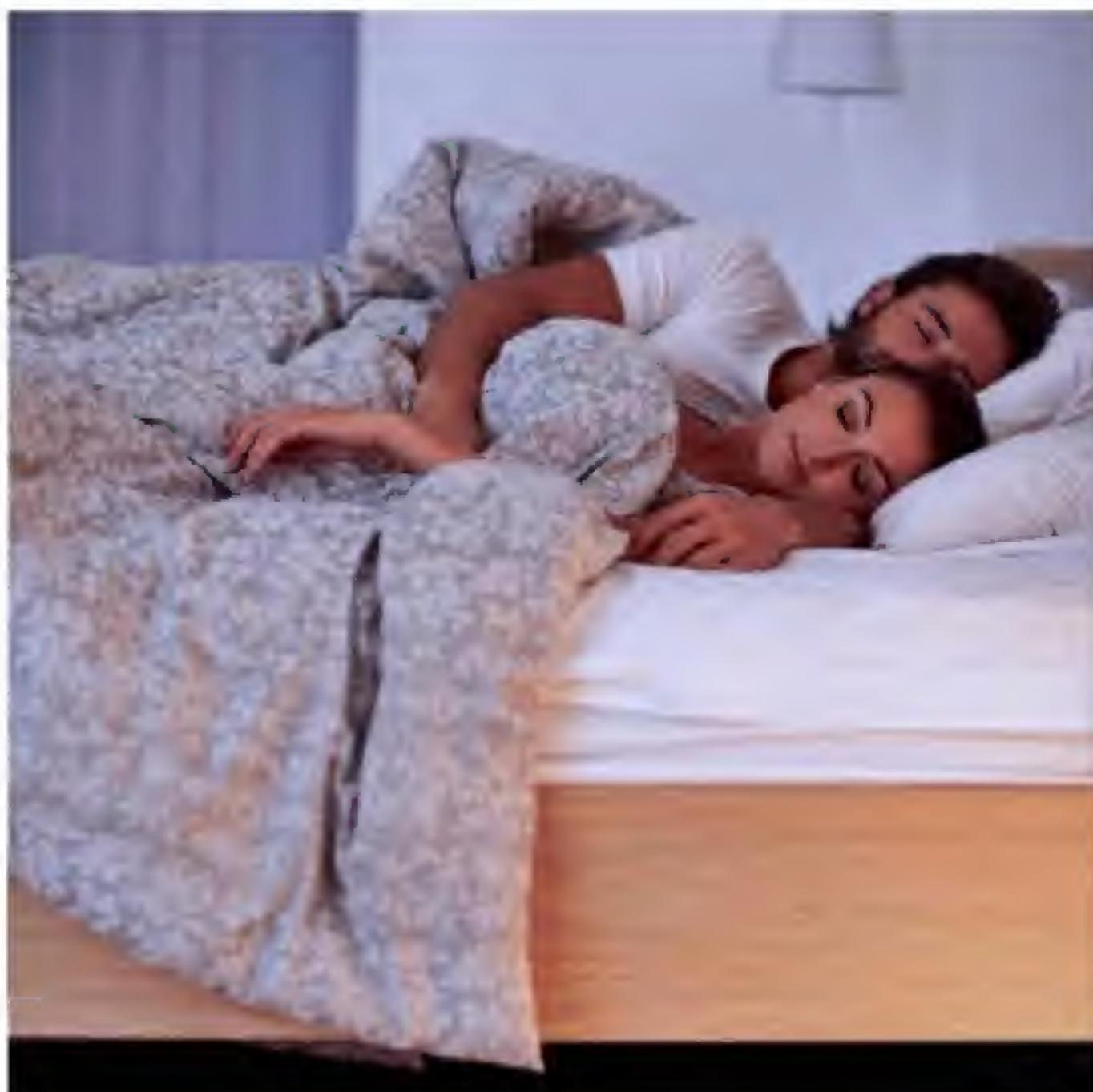
spring, foam, latex and hybrid mattresses and they also use natural materials including latex, wool and cotton.

"Our mattress designs are superior to major brands, we make mattresses that are modular and flexible. We have zippered access so our customers can replace their pillow top, or change components. Our designs also allow our mattresses to be flipped or rotated for added durability."

Since opening its doors in 1976, Sleep Boutique has been providing the most custom options in Western Canada with thousands of combinations to choose from.

"We aren't like the average retail mattress store. We don't have big sales and commission sales staff so people don't feel pressured or rushed. We want every one of our customer's to find the right mattress for them," Crump adds.

Sleep Boutique is located at 5010 1st Street S.E. and is open Tuesday to Saturday and by appointment Sunday, Monday and evenings. For more information, visit sleepboutique.ca.



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*Texting service charges may apply by your service provider. On any purchase greater than \$500. Some conditions apply. See store for details.

403.287.1960 | 5010 1ST. SE . CALGARY. AB



CHEERS TO THE CALGARY HOSPITALITY INDUSTRY VENUES FOR MEETING HIGHER SERVICE STANDARDS.

A group of hardworking Calgary venues have just achieved Best Bar None Accreditation for 2016. And it didn't come easy.

They are committed to making a safe night out with friends that much more enjoyable. They are Calgary's best, bar none.

WE'VE GOT YOU COVERED

All Best Bar None venues have demonstrated a commitment to patron safety, responsible management and customer service. This is their way of saying, "We've Got You Covered" on your nights out.

Find out more about Best Bar None at bestbarnone.ab.ca



FEATURED CALGARY ACCREDITED VENUES

PUB CATEGORY

- Bottlescrew Bill's Pub
- Hudsons Canada's Pub (Downtown)
- Jamesons Irish Pub (17 Avenue)
- Jamesons Irish Pub (Brentwood)
- Kildare's Ale House
- Muldoon's Irish Ale House
- Toad 'N' Turtle Pubhouse And Grill (Barlow)
- Toad 'N' Turtle Pubhouse And Grill (Shepard)
- Woody's Taphouse (Braeside)
- Woody's Taphouse (Country Hills)
- Woody's Taphouse (South Trail)

SMALL PUB CATEGORY

- Barley Mill Neighbourhood Pub
- Hudsons Canada's Pub (Crowfoot)
- Local 510 Tavern
- Oak Tree Tavern
- St James Corner Restaurant And Irish Pub
- Swans Of Inglewood Restaurant And Public House
- The Drum And Monkey Pub
- Thirsty Turtle Bar And Grill

LARGE PUB CATEGORY

- Bank And Baron Pub
- Hudsons Canada's Pub (Shawnessy)
- Kilt And Caber Ale House
- Rose And Crown Pub And Restaurant
- The Canadian Brewhouse

THE 104-YEAR-OLD PARADE HAS SEEN IT ALL

There's something a 104-year-old parade has in buckets: history (and a lot of horse manure).

Much about the Stampede Parade has changed throughout the decades but there's a lot — like honouring western traditions — that hasn't changed at all.

"Back in the '40s they used to cattle

herd down the road," said Michael Wetherup, chair of the parade committee, sharing some of his favourite historical facts about the parade. "It was a great idea back in the day when so many more people were savvy about being around animals but today the thought of that is a safety and logistical nightmare."



CALGARY STAMPEDE

Historical notes

- First Nations were there from the beginning: in 1912 1,800 members of Treaty 7 led the parade.
- More than 700 horses create approximately two tons of manure during the parade.
- Cappy (James) Smart, Calgary Fire Chief, has the most appearances as parade marshal at 35. Coming in second is Mickey Mouse with three appearances, while Minnie Mouse has made two appearances.

So are trick ropers. Wetherup said they used to drag people out of the crowd with their ropes, but now with motorcycle marshals, police, and safety vehicles involved, Wetherup said it just can't be done.

"I remember years ago there were two sheep-herding dogs and they'd herd sheep the entire length of the parade," he said. "That stands out in my mind — I remember that from when I was young."

What has stayed the same are the horses, western traditions, honoring the Stampede's origins and the participation of Indigenous people. Whetherup said their participation is absolutely important and

always needs to be maintained.

The parade has also evolved over the years and reflects changes in the city.

"The different communities come out to support the parade and that to us we really like."

For the crowds, the Stampede is a lot like Easter and Christmas for many Calgarians, he said: it's a time for families to come together.

"Some families have been coming for generations and sitting at the same spots for 40, 50, 60 years," he said. "You see them out there in the wee hours of the morning saving their spots."

-JENNIFER TAPLIN



The Stampede Queen Eileen Beckner is seated at the front with her Princesses Gussie MacDonald and Ann Dutchak standing behind. Merle Stier the 1949 Queen is standing in front of the large hat. CONTRIBUTED



Some of the throng of spectators at the 1919 Victory Stampede watching the Indians and the Royal North West Mounted Police march by. CONTRIBUTED

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Spiritual quest and new paths are explored at free lecture

For those curious about life's big questions — Why was I born? What's my purpose in life? — the upcoming lecture based on the book, *In the Light of Truth: The Grail Message*, will share insights and a personal experience story with all who are interested at a free event later this month.

Put on by the book's publisher, Alexander Bernhardt Publishing, in cooperation with Grail Movement Canada, the lecture 'Why is this happening to me?' "provides an opportunity for the speaker to share perspectives, based on his experiences of the Grail Message, on a question that hardly leaves any serious inquirer in peace, if they honestly seek for the truth," according to local organizer Chilenye Nwapi.

Job loss, ill-health and death of a loved one often prompt this question, said Nwapi. "Should we be asking a different question when faced with such situations? Questions that would lift veils from our eyes to the joyful recognition of new, clear paths in every circumstance?"

The Grail Movement operates around the world, with adherents gathering to deepen



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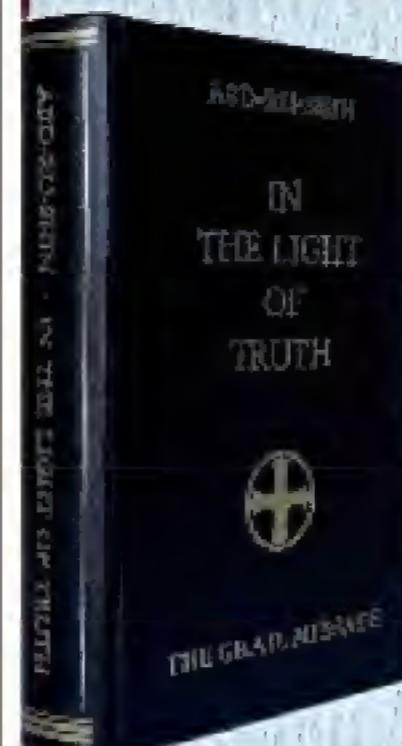
their understanding of the book's teaching. *In the Light of Truth: The Grail Message* has been translated into several languages, and is available online.

The free lecture runs July 30 at the Sheraton Cavalier Calgary Hotel, 32 Ave NE, from 1-3 p.m. Those interested are asked to RSVP to enyenwapi@yahoo.com.

Why is This Happening to Me?

A Lecture Based on the Work

"IN THE LIGHT OF TRUTH" — *The Grail Message*



Don't many of us find ourselves asking the above question reflexively, triggered by any number of factors — job loss, ill health, death of loved ones, relationship difficulties and any one of thousands of human heart griefs? Faced with adverse circumstances or conditions we often rebel, wishing the conditions away. But, is there a different question we should be asking? The question that opens us up to the seeds for our inner spiritual development present in all conditions? The question that if we summon the courage to ask, and then, listen, opens up for us pathways to such heights of insights that permit recognition of the gifts being offered us through all conditions and circumstances? A question that allows us in time to see how every condition holds within it the expressions of the love and goodness of the Source of All Life! The speaker will share insights on this practical question derived from his experiences with the work, 'In the Light of Truth', the Grail Message.

DATE: Saturday, July 30, 2016 PLACE/VENUE: Canadian Room, Sheraton Cavalier Calgary Hotel, 2620 32 Ave NE, Calgary, AB

TIME: 1:00pm – 3:00pm PARKING & ADMISSION: FREE

RSVP: Chilenye by Phone: 587-719-0955 or Ebere by Phone: 403-830-4281
Email: info@alexander-bernhardt-canada.com
or enyenwapi@yahoo.com

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Lost Kids booths help families find each other

With all the activity and crowds during Stampede, it's not hard for kids to lose their parents. Good thing ATCO's Lost Kids program is here to help.

As you enter the Stampede grounds, look for the ATCO Lost Kids booths. Here, kids can get a wristband with their parents' cell phone numbers written on the inside of the band.

"If children are somehow separated from their parents during the day, the Lost Kids team will take them to the Lost Kids trailer where their parents are called and they can be safely reunited," explained Carson

Ackroyd, vice president of Marketing and Communications with ATCO.

There's a lot going on during Stampede and even the most attentive parents can lose sight of their children in a crowd. That's why ATCO is proud to sponsor the Lost Kids program which helps families find each other, Ackroyd said.

"As a company providing critical natural gas and electricity services across Alberta to so many families, we thought the fit of sponsoring the Lost Kids program was a great way for us to support families from across Alberta

as they come and visit the Calgary Stampede," he said.

Several thousand children pick up wristbands every year during the Stampede, Ackroyd added, giving parents peace of mind as they enjoy the Stampede grounds.

ATCO has been sponsoring the Lost Kids program for about 20 years. They're also sponsoring the chuckwagon trophies this year and are the longest continuous sponsor of the Stampede.

"We've been a partner with the Stampede for more than 75 years," Ackroyd said.



ATCO LOST KIDS

Helping keep kids safe at the Calgary Stampede

Get your ATCO Lost Kids wristband at every Stampede Park entrance

EVERYBODY LOVES A PARADE

— IT'S A —
STAMPEDE THING

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Calgary Stampede

JULY 8 – 17, 2016

CALGARY STAMPEDE PARADE PRELUDE 2016

FOR WELL OVER 30 YEARS, THE CALGARY STAMPEDE PARADE PRELUDE HAS BEEN DEDICATED TO BRINGING GREAT LOCAL ENTERTAINMENT TO THE CROWDS ALONG THE PARADE ROUTE LONG BEFORE THE PARADE BEGINS. PRELUDE ENTRIES BRING FUN AND ENJOYMENT TO THE CROWDS WITH 6TH AND 9TH AVENUES BEING THE STAGES FOR GREAT PERFORMANCES.

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THE ENTERTAINMENT BEGINS AT 8 AM PARADE MORNING..... COME DOWN FOR THE SHOW AND STAY FOR THE PARADE!

◆ CALGARY STAMPEDE 2016 PARADE LINEUP ◆

1	OFFICIAL GMC PACE CAR	27	CITY OF CALGARY COUNCILLORS	60	MEMBERS OF THE ALBERTA LEGISLATURE	96	UNITED CALGARY CHINESE ASSOCIATION
2	BANNER – CALGARY STAMPEDE 2016 PARADE	28	QUEBEC WINTER CARNIVAL	61	SMITHBILT HATS, HORSES AND HERITAGE	97	WALLA WALLA FRONTIER DAYS
3	BANNER – FEDERATION OF CALGARY COMMUNITIES	29	CALGARY STAMPEDE LIGHT HORSE COMMITTEE	62	TOWN OF VULCAN – USS VULCAN FLOAT	98	UNIVERSITY OF CALGARY
4	CALGARY STAMPEDE SHOWBAND	30	MEN IN KILTS POOPER SCOPER	63	SWENDSON COLLECTION	99	SUPREME INTERNATIONAL
5	CALGARY STAMPEDE SHOWRIDERS	31	CALGARY SPORTS AND ENTERTAINMENT CORPORATION	64	CALGARY POLICE ASSOC. & THE MISSING CHILDREN SOCIETY OF CANADA	100	BLACKFOOT NATION
6	HARRY THE HORSE, OFFICIAL MASCOT OF THE CALGARY STAMPEDE	32	CALGARY POLICE SERVICE PIPES BAND	65	CALGARY TOWER	101	FIRST CALGARY FINANCIAL
7	RCMP HONOUR GUARD	33	CALGARY POLICE SERVICE MOUNTED UNIT	66	CALGARY STETSON SHOW BAND	102	IMPACT DRUM AND BUGLE CORPS
8	PARADE GRAND MARSHALLS – JANN ARDEN & PAUL BRANDT	34	ALBERTA PARKS	67	PARKS CANADA – COLOUR PARTY	103	PURE SPANISH HORSES
9	BANNER – FORT MCMURRAY RESPONDERS	35	CANADIAN PACIFIC LITTLE GENERAL	68	PARKS CANADA – FLOAT	104	VISITING ROYALTY #2
10	FORT MCMURRAY RESPONDERS	36	COWLEY'S RAFTER SIX	69	PARKS CANADA – HEAVY HORSE HITCH COMMITTEE	105	CALGARY STAMPEDE CHUCKWAGON
11	CALGARY STAMPEDE ROYALTY	37	CALGARY STAMPEDE FARM EQUIPMENT COMMITTEE	70	TRICKRIDER SIERRA SIEDECKI	106	CN
12	CALGARY STAMPEDE EXECUTIVE, MAYOR NAHEED NENSHI, PREMIER NOTLEY	38	WAR AMPS	71	CALGARY REGIONAL APPALOOSA CLUB	107	SWEEPERS
13	CALGARY STAMPEDE BOARD OF DIRECTORS	39	LAKESIDE LUTHERAN WARRIOR MARCHING BAND	72	GUNS OF THE GOLDEN WEST ASSOCIATION	108	CAPITAL CITY REGIMENT MARCHING BAND
14	CALGARY ROUND-UP BAND	40	CALGARY STAMPEDE RODEO COMMITTEE	73	ASPEN CROSSING RAILWAY	109	HITCHMASTERS – SALUTE TO SLIM MOOREHOUSE
15	CALGARY EXHIBITION & STAMPEDE	41	VALLEY VIEW PERCHERONS	74	TIAN GUO MARCHING BAND	110	FOUR DIRECTIONS FOSTER PARENT ASSOCIATION/METIS NATION REGION 3
16	CALGARY STAMPEDE SHOW WAGON	42	THE ISMAILI MUSLIM COMMUNITY OF CALGARY	75	FALUN Dafa CALGARY	111	AMA ALBERTA MOTOR ASSOCIATION
17	RCMP HONOUR GUARD & DIGNITARIES, MARCHING TROOP, BAND AND RCMP VETERANS	43	SOUTHERN ALBERTA PIONEERS AND THEIR DESCENDANTS	76	STONEY (NAKODA NATION)	112	CRANBROOK BUGLE BAND
18	NATIONAL MUSIC CENTRE	44	CALGARY ARABIAN HORSE ASSOCIATION	77	POLOCROSS CANADA	113	CITY OF CRANBROOK
19	BEST SEAT IN THE PARADE	45	THE PENTICTON PEACH FESTIVAL SOCIETY	78	AL AZHAR SHRINERS OF SOUTHERN ALBERTA	114	STEELE'S SCOUTS COMMEMORATIVE ASSOCIATION
20	SAIT 100TH ANNIVERSARY	46	VISITING ROYALTY #1	79	GRANDE PRAIRIE MARCHING BAND	115	ONE WORLD – CANADA CHINA CHAMBER OF COMMERCE ASSOCIATION
21	CHINOOK TEAM PENNING ASSOCIATION	47	FORT CALGARY	80	WITHDRAWN	116	ACT 4 MEDIA KISS CAM
22	MEXICO AT CALGARY STAMPEDE	48	CITY OF KIMBERLEY	81	MEMBERS OF PARLIAMENT	A	BANNER – COME TOGETHER WITH THE CALGARY STAMPEDE
23	CALGARY STAMPEDE QUEEN'S ALUMNI	49	RED DEER ROYALS MARCHING SHOW BAND	82	SWEEPERS	B	EMERGENCY MEDICAL SERVICES (EMS)
24	WESTERNER DAYS – 125TH ANNIVERSARY	50	MORSKY ROSELEA BELGIANS	83	CANADIAN ARMED FORCES	C	BY-LAW
25	VEJEN GARDEN MARCHING BAND	51	SARCEE (TSUU T'INA NATION)	84	CALGARY REGIONAL TRAIL RIDERS	D	CFO
26	WILD WEST WILLIE	52	BIKE CALGARY & FRIENDS	85	INN FROM THE COLD	E	SWEEPERS
27	MILLARVILLE MUSICAL RIDE	53	WEST JET	86	SAVE ON FOODS	F	CPS
28	KIDS UP FRONT FOUNDATION	54	RONALD MCDONALD HOUSE	87	EXHIBITION PARK AND CITY OF LETHBRIDGE	G	CALGARY SEARCH AND RESCUE (CALSARA)
29	EXPRESS EMPLOYMENT PROFESSIONALS/EXPRESS CLYDESDALES	55	CALGARY FIRE DEPARTMENT HONOUR GUARD	88	AIR CANADA		
30	OKLAHOMA EXPRESS HORSES	56	CALGARY FIRE PIPES AND DRUMS	89	BISHOP GRANDIN MARCHING GHOSTS		
31		57	CALGARY FIREFIGHTERS ANTIQUE GROUP	90	MOUNTAIN VIEW FUNERAL HOME		
32		58	CALGARY FIRE DEPARTMENT LEADERSHIP TEAM	91	WITHDRAWN		
33		59	CALGARY STAMPEDE DRAFT HORSE TOWN	92	THE CARAVAN		
34				93	WINDY RIDGE RIDERS ASSOCIATION		
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Connect First: Why banking local matters

One bank is as good as another — just a place for holding your money, say many consumers. Big national banks, credit unions: what's the difference?

First Calgary Financial and Chinook Financial, divisions of Connect First Credit Union, aim to prove that there is a big difference when it comes to banking, especially when the focus is on people and community rather than just the bottom line. These Alberta institutions make a difference in the community everyday, offering funding support for impactful community initiatives and help to those who need an alternative to payday lending.

The teams at First Calgary Financial and Chinook Financial know that banking is a cornerstone of every vibrant community, with a responsibility to be a positive impact. It's a partnership among neighbours, and a business built by people, not numbers — people who want to strengthen the communities they call home.

"Community is everyone's responsibility," said Shelley Vandenberg, president of First Calgary Financial. "When you're our member, your money is making a difference — a genuine and lasting contribution to the financial success of Calgary."

Last year, Chinook Financial and First Calgary Financial employees gave more than 2,800 hours and supported 175 community organizations with their funds and talent. "Calgary is filled with people who tackle the challenges head on. Our team has that same spirit."

"We're successful because our members say we are. We share the same values," said Scot Hadden, president of Chinook Financial. "We think big, act local, take charge, and make banking easy. More than just words, we stay true to our cooperative principles and make genuine and lasting contributions to the financial success and viability of the southern Alberta commun-



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Act Local programs

With the launch of a new Act Local program, the teams at First Calgary Financial and Chinook Financial invite neighbours and community groups doing awesome things (graffiti clean up, unifying community festivals, etc.) to apply for funding to support their projects and events. That empowers local branches to make local decisions about how the funding is allocated based on what will have the greatest impact in their regions.

This community-minded team will be at events year-round. To find out more, visit FirstCalgary.com/local and ChinookFinancial.com/personal/local.

ties we live, work and thrive in."

Through a series of partnerships, sponsorships and donations, First Calgary

Financial and Chinook Financial are finding creative ways to connect their credit union with local needs in order to support

Calgarians and Southern Albertans. The organization is involved with projects that help communities access affordable housing; get career, entrepreneurship and skills training; develop financial education and inclusion practices; and feel pride and a sense of connection to their neighbourhoods.

Through Chinook Financial and First Calgary Financial, members have been achieving financial goals and dreams, and strengthening communities for over 75 years. Collectively, the organization serves more than 100,000 members across 27 branches in 13 southern Alberta communities.



Fair micro-lending: Upcoming Cash Crunch Loan launch

Connect First Credit Union, through its two divisions First Calgary Financial and Chinook Financial, will launch a fair micro-lending solution in August 2016, designed to help prevent Albertans from falling into a place of financial vulnerability where they struggle to meet their daily basic needs. This alternative to payday lending is called the Cash Crunch Loan.

The launch comes from more than a year of First Calgary Financial operating a pilot program with community partner Momentum. The ongoing program helps at-risk Calgarians regain financial stability, improve their credit ratings and build a positive and trusted relationship with

a credit union through financial literacy training and referral that leads to micro-loan qualification. The pilot program is the first affordable alternative to payday loans in Alberta.

"If passed, Bill 15, An Act to End Predatory Lending will bring substantive changes to the payday lending industry, including the country's lowest borrowing rates. We are delighted with this legislation, and are proud to help introduce fair and responsible small-loan alternatives for Albertans. This work is a tangible example of our mission to 'make money make a difference', and an exceptional first of many steps we need to take collectively to help

vulnerable citizens build toward long-term financial stability," said Shelley Vandenberg, president of First Calgary Financial.

"At Connect First Credit Union, we've consistently offered our skills and resources to set our members up for success, training staff to recognize signs of financial difficulty. We encourage them to proactively approach these situations with added care, solutions and resources both within and outside of our credit union to get at-risk members on a path to personal financial wellness. The launch of our upcoming Cash Crunch Loan formalizes that process," said Chinook Financial president Scot Hadden.



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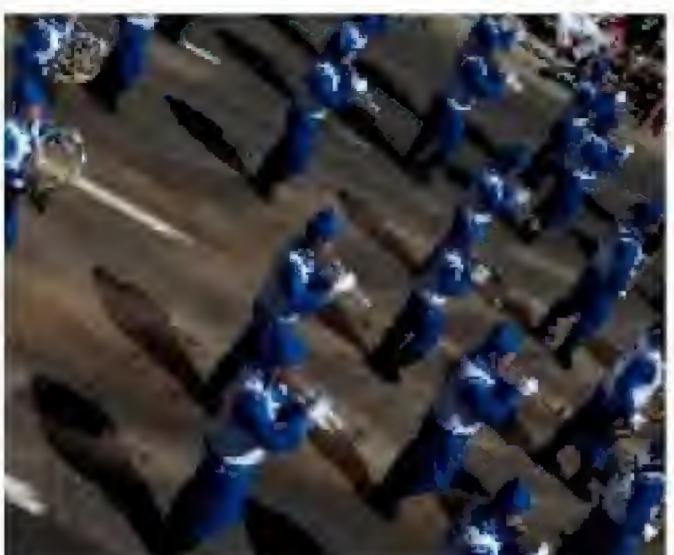
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CALGARY STAMPEDE



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This year's Calgary Stampede Parade theme, Year of Music, starts with parade marshals

Calgary music royalty — not to mention good friends — Jann Arden and Paul Brandt leading the way this year

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When it comes to judges and marshals, the Calgary Stampede Parade has some big stars in their line-up.

Two-time Grey Cup champion Jon Cornish who spent nine seasons in Stampeders' red will be a celebrity judge this year. Cornish will pick the entry that best exemplifies the spirit of the Calgary Stampede to receive the 2016 Celebrities' Choice Award.

Leading the parade as marshals this year are friends and musical phenoms Jann Arden and Paul Brandt.

Cornish said football practice has always preempted the parade, but now that he's retired from football he's looking forward to finally seeing the parade and judging the floats.

"This was something I was immediately excited to do," he said. "I was honoured to be selected to do such a thing."

Cornish added he's looking forward to interacting with people and seeing the hard work they've put into their floats. But it's not going to be an easy job to pick a winner.

"People put a lot of effort into their Stampede Parade floats so I'm really thinking people are going to be bringing their top A game and I look forward to seeing who's going to be the cream of the crop."

Calgarian music royalty will be leading the parade this year. Calgary-born Arden, who just finished hosting the 2016 Juno Awards, is an accomplished singer, songwriter, broadcaster and author. Brandt, the most awarded male Canadian Country Music artist in history, actually won the Stampede talent search back in the day, and performed at the 2012 Grandstand Show.

"I really thought if I could get one of them I'd be happy," said Bill Gray, president and chairman of the Calgary Stampede board. "But I said let's be greedy and try to get both and we did and we're fortunate enough they know each other very well and agreed to do it together."

They're also a perfect fit with this year's theme: Year of Music.

-JENNIFER TAPLIN

Former Calgary Stampede Parade marshals

Some of the former Calgary Stampede Parade marshals:
2015 Kaillie Humphries – Two-time Olympic gold medalist

2013, 2001 Colonel Chris Hadfield – Commander of the International Space Station

1997 Jack Palance – Actor

1971 Rt. Hon. Pierre Trudeau – Prime Minister of Canada

1965 Walt Disney – CEO, Disney Studios

1963 Bob Hope – Comedian/Actor

1959 Bing Crosby – Singer/Entertainer



For acoustic, electric, a rare model or your very first guitar

Guitarworks isn't your average music store. In fact, the long time Calgary favorite — among novices and

enthusiasts alike — is one of the largest guitar specialty stores in Canada, with about 2,000 items in stock at any given time. (Fender, Gibson, Martin, Taylor and Yamaha, to name a few.) Add to that a well-earned reputation for specializing in custom, hard-to-find guitars (boutique brands like Collings and



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WHO DOESN'T WANT TO SIT AROUND THE CAMPFIRE WITH A GUITAR?

— *Dave Simpson of Guitarworks*

Friedman) — and it's no wonder Guitarworks is a standout success in the music store business.

"Even in the niche market of instrument stores, very few are like ours. But we're not exclusive. We sell a lot of people their first guitar and we make a real effort to carry entry level acoustic and electric guitars too," said Guitarworks manager Dave Simpson, pointing to good-quality starter guitars for as low as \$150, all the way up to rare collector pieces for up to \$25,000. "At that point, it becomes similar to a functioning, high-end art piece."

For over 25 years, Guitarworks has brought a passion for all things guitar-related to delighted Calgary music lovers. The original 16th Ave. store (now a showcase for rare and high-end guitars), leads locations in CrossIron Mills Mall, Crowfoot NW and Macleod Trail

S. The knowledgeable, guitar-playing staff offer amps and accessories, service and repair; vintage and used guitar sales, while trained instructors man the popular music school (at three locations) with private lessons in guitar, other stringed instruments and drums.

"Music is a personal thing for most people, but the appeal of guitar is easy to understand. It's a very accessible instrument, both physically and financially. It's portable and not hard to learn," said Simpson. "I don't foresee a time when a guitar slung over a shoulder isn't cool."

There's also the intangible rewards of learning a new skill, gaining a hobby, and the pleasure that can come from sharing music with others. "Some people want to be the greatest shredder on the planet, and others want to learn three chords to sing to their significant other at their wedding. It's a really personal thing," he said.

Instrument sales are cyclical, said Simpson. A few years ago, ukuleles found a renewed interest (that is still growing). When Mumford and Sons hit it big, banjo sales surged.

"We always sell more acoustic guitars in the summer. Who doesn't want to sit around the campfire with a guitar?" said Simpson.

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Calgary Flames Foundation dedicated to community

Community is key to the Calgary Flames Foundation, an integral supporter of the Stampede.

As the charitable arm of the Calgary Flames — now 33 years strong — the Foundation has several pillars at its core, aimed to enrich the lives of Calgarians through education, health/wellness and amateur and grassroots sports.

The Foundation raises over \$4 million annually through a 50/50 program, annual golf and poker tournaments and more.

"It starts with the Flames ownership — giving back to the community is expected of players and all involved," says manager of community relations for the Flames, Blake Heynen, pointing to team captain Mark Giordano as an example of 'walking the talk' with his recent NHL 2015/16 Player Foundation Award for charitable work. "And we emphasize youth in whatever we do, last year raising over \$4 million, which was partially distributed to over 80 beneficiaries."

Towards its health/wellness pillar, the Foundation recently held a second annual health training camp — a fair for Calgary residents of all ages to learn about nutrition, check BMI and blood pressure or just enjoy a fun skate and obstacle course.

Over 20,000 students are enrolled in the Foundation's education efforts. The Reading — Give It a Shot literacy program

rewards elementary students for reading, with the incentive of having a school visit from a Flames player. And with the NHL Players' Association, the Foundation supports the Future Goals program. "We work with local schools to make learning fun, having kids watch a practice and learn concepts in science, technology, math and engineering," Heynen says.

The Foundation supports amateur sport through programs like Even-Strength (partnering with Hockey Calgary). Last year, 240 young hockey players and their families who otherwise couldn't afford the cost of hockey registration received funding. Since 1998, over \$1 million has helped some 3,500 children play the game.

The Flames Foundation holds the hockey component of the Growchild Classic for various leagues each year at the Saddledome, offers scholarships at every major post-secondary institution, and supports the WHL Clarkson Cup champs Calgary Inferno.

"Everything we do supports initiatives that bring positive changes to the lives of southern Albertans," says Heynen. "We know we have an appreciative community — numerous charities and annual projects — and a great team of volunteers. We can only give back to the community in meaningful ways thanks to the public's generosity and support."



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FOOD AND DRINK OPTIONS AWAY FROM THE MIDWAY FARE

Eating on the midway is part of the fun of the Stampede, of course, but sometimes you want a break from the noise or deep-fried fare.

And doesn't a barbecue meal, cold beer or lemonade (in air conditioned comfort) sound just right on a hot summer day?

During the ten-day Stampede, the Calgary Flames' Chrysler Club Dining Room inside the Saddledome is open to the public, offering a cowboy cook-up buffet for lunch and supper daily — substantial eats to keep anyone going for a full day of Stampede fun. House-smoked and roasted Alberta beef brisket is the feature attraction — hand carved for hungry cowboys and cowgirls.

"It's 100 per cent barbecue-themed eating, and a great break from the sensory overload outside," says Doug Collier, Calgary Flames' VP of Food Service. "The buffet is modestly-priced for Stampede goers, but also anyone living or working in the downtown. During Stampede, there's a celebratory vibe in the city, with office staff often going out for



CONTRIBUTED

lunches. This is a great choice, and about the same cost as getting a burger, fries and drink on the midway."

Prepared on-site and sliced thick as a main entrée or as-thin-as-you-like for piling

on slider buns, the smoked brisket is accompanied by all the barbecue meal favorites — salads, beans, pasta, corn, vegetables and potatoes. And they haven't forgotten dessert: fruit pies, squares, tarts and fresh fruit com-

plete the meal and seal the deal for diners.

The lunch buffet is \$19.95; dinner is \$22.95, with a few more substantial pasta offerings and another protein choice like BBQ chicken or wings. Kids under 11 eat for \$12.95 (age 2 and under are free). Walk-ins are accepted but reservations are preferred.

If it's a more casual vibe you want, Dutton's Canadian Lounge is your answer. Cold beer in an inviting, air-conditioned and country music-filled atmosphere, with a la carte gastro-pub dining is at the ready day and evening throughout the Stampede.

Brian 'Hurricane' Smith will broadcast live from Dutton's Monday to Wednesday of Stampede, while on the evenings of July 8, 15 and 16, Tom Phillips and the Men of Constant Sorrow present stylish and pure country music.

"Grab a quick bite and a cold beer and sit in air conditioned comfort for a quick breather," says Collier. "It'll recharge you for the rest of your day at the Stampede."



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Stampede warm up act part of the fun

Star Wars characters, skip ropers, roller derby specialists and Filipino martial artists. And that's just the pre-show.

The Stampede Parade does a lot of things differently than other parades and one is the Parade Prelude.

"It's like the warm up act," said Michael Wetherup, Chair of the Parade Committee. "The beauty of the prelude to me is they really have the chance to interact with our crowd which we certainly try to engage off the main parade, but because of safety issues we can't interact the same way the prelude acts can."

This year's Prelude features about 35 entries, 24 of which are entertainment groups like singers, dancers, mascots, and clowns. There are six stages along the parade route where performers entertain for seven minutes at a time before moving on to the next spot. It's wrapped around the entire parade route so everyone will get a chance to see the show. "One that keeps coming back and is a fan favourite and amazing to see is the 501st Badlands Garrison," he said. "They're Star Wars characters and the kids absolutely love it." Wetherup said a Filipino martial arts group is coming in from Winnipeg just to perform at the Prelude. There are also a couple brand new acts to the Prelude this year.

"One is a bike rodeo, so they are on bikes and they imitate rodeo acts like barrel racing and bucking broncs," he said. "They're super excited and I'm really excited to see it – it sounds amazing." Over the past 30 years, the Prelude has become a show unto itself. Wetherup said they did surveys with the crowds and support for the prelude was overwhelming.

"It's something unique to our parade and I'm not aware of any other parade that has it, and the crowd absolutely loves it," he said. "If you're a parent who has been sitting on the parade route for a couple of hours with children waiting for the main parade, it's important."

JENNIFER TAPLIN

Prelude passion

The Parade Prelude starts at 8 a.m. Friday morning. Here are just a few of the 35 entries:

Calgary Zumba Crew
Guns of the Gold West
Nigerian Canada Association
Polanie - Polish Song and Dance Association
Possak Irish Dancing
Tryzub Ukrainian Dance Ensemble
Yakthung Chumlung Association of Calgary
Calgary Stampede Kids Day Trolley

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HEIGHTENED SERVICE TO LIQUOR STORE MARKET

Whole Cellars is a contemporary purveyor of beer, wine and spirits in the Calgary market. Located at 10822 50 St. SE near Mackenzie Lake, Copperfield Bay and a handful of other communities, Whole Cellars is the only full service liquor store in the area.

Whole Cellars offers a wide selection of products, tasting events and online ordering/delivery to appreciative area customers.

Owners aim to gain regular customers and a reputation for great priced, quality offerings and service, thanks to unique touches like wholesale pricing, in-store tasting events and an already popular growler bar. Featuring local and Alberta breweries, the growler bar offers a rotating list of fresh suds from area craft brewers, for sale in one-litre and two-litre containers.

The cost is about the same as for bottled beer, but craft brewers can offer seasonal, fresh product in one of the six draft taps. It's definitely where the beer industry is heading, according to experts, and consumers are anxious to try the new styles and brands.

Beer sales account for about 45 per cent of the tally at Whole Cellars, with wine



CONTRIBUTED

claiming 25 per cent. The in-store tasting bar, which runs each Thursday and Friday from 2:30 to 6:30 pm, sees product experts offering samples and information on wine,

beer and spirits to an eager public. The program is currently free, and will run all through Stampede in conjunction with flyer specials.

Get social, get a discount

Follow Whole Cellars at Facebook, Twitter or Instagram and get 5 per cent discount in store excluding sale products.

Social media handles are:
Facebook: Whole Cellars
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Even in a slowed economy, Whole Cellars is finding early success with its wholesale pricing and customer service touches like online ordering and deliveries, whether for just one bottle of wine or a case of beer. For a flat delivery fee (\$3.50 under 3 km; \$7.50 over 3 km) customers can shop without leaving home, by ordering online at wholecellars.ca or calling 403-279-7750.

The new business is getting the word out on these enhanced service options in-store, and through Facebook and Twitter. It's also a good way to promote the latest on offer at the growler bar, or which products are featured at the tasting bar.



Whole Cellars taps the craft beer market with popular growler bar

When it comes to the budding craft beer market, Calgary and Southern Alberta are rocking it. There are currently a dozen breweries and/or brewpubs in Calgary, with about that many more in the works — safe to say, the industry is thriving.

The growth can be attributed to a recent change in provincial law, which removed the minimum production restrictions for small-scale operators, and the introduction of the brewmasters program at nearby Olds College. All of the activity has raised public awareness of craft beer and Alberta's world-class wheat and barley, resulting in small scale breweries making interesting offerings like seasonal wheat and fruit-based beers and hearty, hoppy Alberta grain IPAs.

All this buzz for craft beer is good for a business like Whole Cellars, which features several local and area breweries at its popular growler bar. Consumers are curious about the new companies and new tastes on the shelves or at the taps of the local pub, craft beer fair or, in this case, the local liquor store.

Using six taps at its growler bar, Whole Cellars rotates about 20 products for sale in one and two litre growler jugs — the freshest of ales, lagers, pilsners and cider from a number of local and area brewers (at about \$8.99/litre

and \$15.99 for two litres).

Currently, shoppers will find products from Village, Blindman, Ribstone Creek, Brewsters, Tool Shed, Wild Rose, Bench Creek, Big Rock, Fernie, and Last Best Breweries on tap, putting out fresh kegged products that can be anything — a seasonal brew, trial product or a one-time-only run. One thing is for sure: it will be fresh.

Customers want the one-off brew and to sample beer with unusual ingredients. Craft beer is the future — and the products on tap change frequently which brings people back often to try something new," said Whole Cellars owners. The 'what we're pouring now' growler bar offerings are published on the company website, Facebook page and Twitter account.

"We include beer as part of our regular tasting bar too, (Thursday/Friday afternoons), along with wine and spirits. People can enjoy a sample and get an education from knowledgeable experts. With craft beer, the more information the better," says owner Ishpinder Singh Ranu.

See Stampede promotions online, in-store and in the weekly flyer, and follow Facebook: Whole Cellars, Twitter: @Wholecellars, Instagram: @Instagram and get 5 per cent discount in store excluding sale products.

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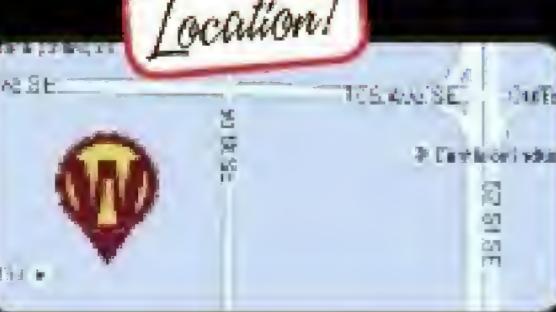
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The Stampede Parade is in Spencer Seabrook's blood. And his father's, and grandfather's too.

In fact, several of the 140 volunteers who are a part of the parade committee have a multi-generational ties to the parade.

Seabrook's grandfather used to work for the city and started volunteering for the parade decades ago. Not long after Seabrook's father got involved too. They both retired from the parade committee about seven years ago, after his grandfather put in around 25 years of service.

"My dad was involved for about 17 years. I went down when I was about 10 years old and hang out with the horses," he said. "I'm 27 now and I've been on the (parade) committee for about eight years."

Seabrook said he volunteers for the sense of accomplishment it generates, and being apart of something that is inherently Calgary.

"It's just the experience of seeing the amazement on people's faces and seeing how much they enjoy it," he said. "It's the western hospitality that Calgary offers and it's being a part of such a big thing that is Calgary – it's Calgary's biggest event."

Seabrook has plenty of memorable experiences from volunteering but the most humbling experience, he said, was recovering from the flood in 2013. He spent countless hours volunteering at shelters, bailing out the Stampede grounds, and helping the fundraising efforts for flood relief. He said he was amazed at the efforts of volunteers to make the parade and Stampede happen that year.

Chair of the parade committee, Michael Wetherup, also has a family history of volunteering for the parade: his father and brother both served on the committee.

"My dad got us out of bed at ungodly hours of the morning and drug us down to put horses into the parade in the East Village," he remembered.

-JENNIFER TAPLIN

Your essential daily news

SCIENCE SAYS Weekend, July 8-10, 2016



BABY GAIT
3D-camera studies are shedding light on why pregnant women have that distinctive, waddling walk — and could help prevent falls in the future.

WHAT IS JUPITER, ANYWAY?

NASA calls it the 'biggest, baddest planet in the solar system.' Gigantic, gaseous, magnetic, ultra-radioactive **Jupiter** — 300 times more massive than Earth — is unknown to us in so many ways. But thanks to the **Juno mission spacecraft**, which entered the mammoth planet's orbit July 4, that's about to change.

VERY FAST FACTS

● NASA's Juno spacecraft is the fastest human-made object ever, with a peak speed of about **209,000 km/h**.

It's about **9 m** across at its widest point, including the solar panels that power its flight, and weighs **3,625 kg**.

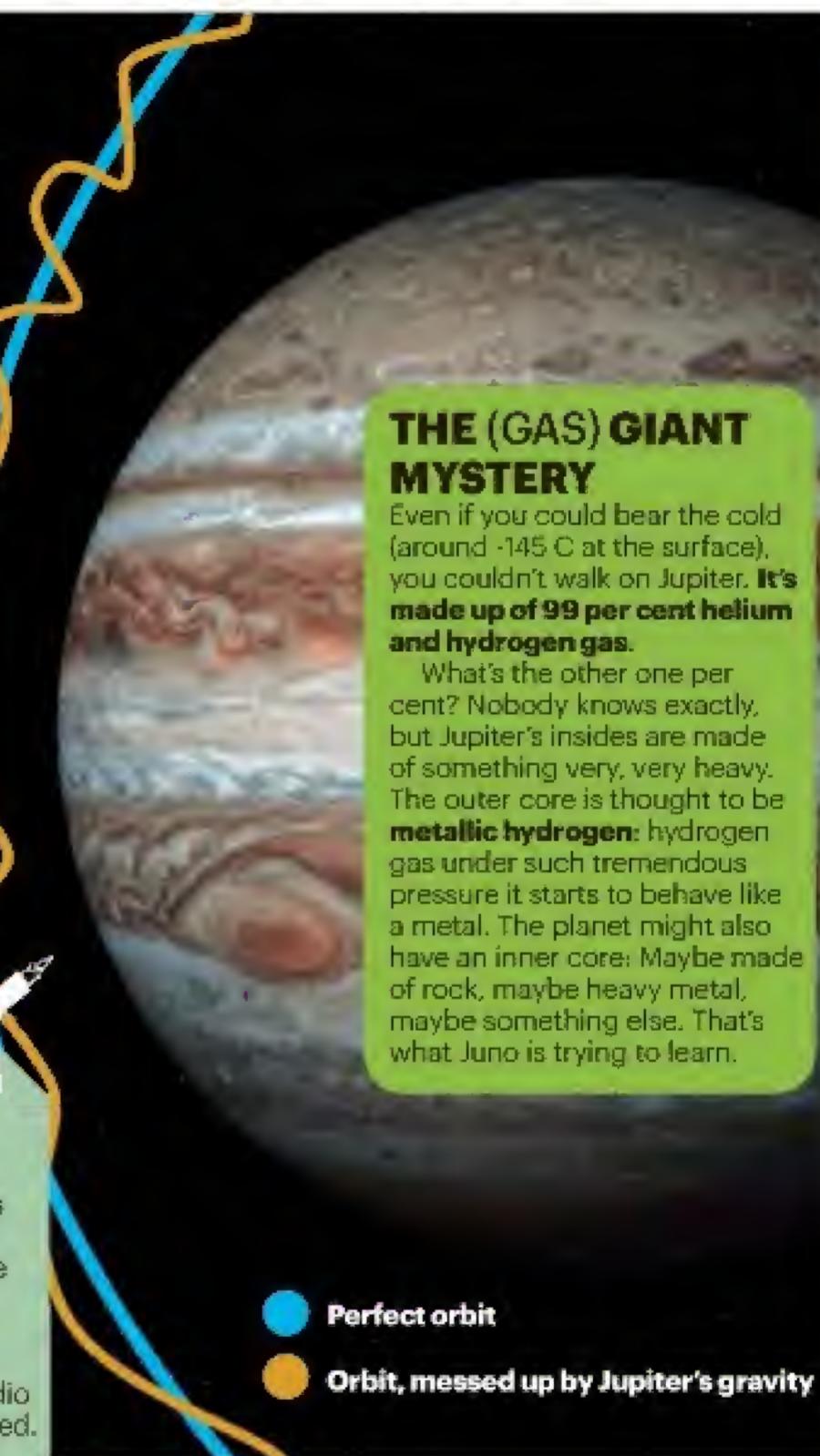
2-metre human

- At its closest approach, it cruises **4,000 km** above Jupiter's clouds.
- Juno launched on **Aug. 5, 2011** and travelled **2,800,000,000 km** from Earth to arrive at Jupiter on **July 4, 2016**.
- Its electronic instruments are encased in a titanium box built to withstand the radiation equivalent of **100 million X-rays at once**.
- Total mission cost: **\$1.13B U.S.**

HOW JUNO WORKS

As the spacecraft flies around Jupiter, its orbit will wobble and it will change speeds a bit as it passes over regions with slight variations in gravity. These wobbles can be detected by radio antenna on Earth.

If the planet has a rocky core, Juno is expected to speed up a bit on its path between the pole and the equator. The radio signals heard on Earth will be higher-pitched. This is called the **Doppler Effect**.



THE (GAS) GIANT MYSTERY

Even if you could bear the cold (around -145 C at the surface), you couldn't walk on Jupiter. It's made up of **99 per cent helium and hydrogen gas**.

What's the other one per cent? Nobody knows exactly, but Jupiter's insides are made of something very, very heavy. The outer core is thought to be **metallic hydrogen**: hydrogen gas under such tremendous pressure it starts to behave like a metal. The planet might also have an inner core: Maybe made of rock, maybe heavy metal, maybe something else. That's what Juno is trying to learn.

● Perfect orbit

● Orbit, messed up by Jupiter's gravity

GRAPHICS: ANDRÉS PLANA/METRO

FINDINGS
Your week in science



MICHAEL LANDRESS/Flickr

SLIPPERY SWIMMERS

Researchers writing in the *Journal of Experimental Biology* have discovered that swordfish have an oil gland that lubricates their heads to reduce drag and allow them to shoot through the water, sword-first, at up to 100 km/h.

THE FIRST FUNERAL

A 12,000-year-old archeological site in modern-day Israel has revealed the remnants of an ancient, fabulous funeral. The dead woman, probably a shaman, was buried with dozens of tortoise shells, a leopard pelvis, an eagle's wing, a human foot, a boar's arm and the chewed-over remains of what was presumably a farewell feast.

SOUND SMART



DEFINITION
Bioluminescence is a phenomenon in which living things (think jellyfish, glow worms and fireflies) produce and emit visible light.

USE IT IN A SENTENCE
Juanita's teeth are so blindingly bright that if I didn't know better, I would think she's capable of **bioluminescence**.

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CITIZEN SCIENTIST by Genna Buck

Is this the biggest 'oopsie' in science history?

What's this I hear about **20 years of brain research being ruined?** — I.C., Toronto

I wouldn't say ruined. But yes, neuroscience is in a "Oh. Crap. No way. Really?" moment.

Here's why: In that past 20-odd years, functional magnetic resonance imaging (fMRI) has become a really popular tool for brain studies. It records blood flow to different parts of the brain — an indirect measure of brain activity. That information is then supposed to be accurately

analyzed by statistical software.

But that's not what has been happening, says a new study of the most common MRI-analysis computer programs.

The research, in the journal *PNAS*, involved dummy experiments with 499 healthy people — experiments that should, reasonably, turn up no results. But up to 70 per cent of the time, the software flagged at least one statistically significant result: A change to participants' brain activity. A change, that, in all likelihood, wasn't really there.

The false-positive rate should be no more than 5 per cent.

That means there could be serious, even fatal, flaws in as many as 40,000 studies that used fMRI technology from the 1990s to May 2015, when this tarantula-sized software bug was patched. Yeah. Oops.

fMRI is so cool. It lets us easily see into living brains, in real time, for the first time. And it gave rise to headlines like, "This part of your brain lights up when you [eat chocolate, read poetry, see a picture of your mom, etc].

These (often small) studies make enticing stories. I admit I've gotten carried away with them.

So carried away, in fact, that I (and many others) discounted the importance of reproducibility. We should be cautious drawing grand conclusions from studies until other teams have been able to repeat the work. It's how scientists limit the impact of random errors and keep each other honest.

Science Question?
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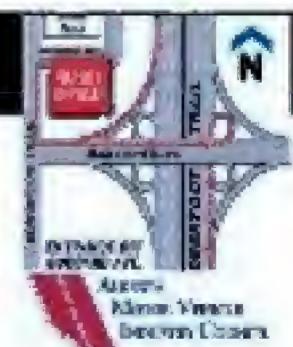
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Sugar Lyn Beard, left, and Sam Richardson in a scene from *Mike and Dave Need a Wedding Date*. CONTRIBUTED

Canuck star Sugar finally gets her sweet ending

FILM

Ex YTV regular in *Mike and Dave Need a Wedding Date*

Steve Gow
For Metro Canada

The odds of making it as an actor in Hollywood are staggering. And with a dearth of roles for women, it's even harder for actresses. But Sugar Lyn Beard beat the odds.

In 2008, the one-time television host abandoned a cozy gig at YTV to take on Tinseltown. Now with a critically-praised part in the new comedy *Mike and Dave Need Wedding Dates*, she's not only landed a starring role (opposite Zac Efron), she's stealing scenes.

"Until I actually became really close to booking the part, I didn't even read the whole movie," laughed the squeaky-voiced Scarborough-native about Jeanie,

the put-upon bride/sister of two brothers who place an online ad to attract companions for the ceremony. "I've been out here a long time and you learn to cope with auditioning. I got to the point where I was realistic about what was a possibility for me (but) with Jeanie, I understood who she was immediately."

Beard may have identified with the high-strung bride but what she didn't initially realize was that her funniest sequence involved a raunchy erotic bum-on-bum massage — a cinematic spectacle that even lead veteran critic Pete Hammond to offer a special "shout-out to Beard, who is really game for anything."

"I can't tell you how comfortable and fun it was," insisted Beard, who admits nudity and comedy naturally intertwine. "Although by the end of the day,

the studio felt so bad for me, they paid for an actual massage with a real professional to make up for the ass-job that I got."

After several years coveting minor roles in movies like *Aloha* and TV series like *Weeds*, Beard deserved that studio spa day, even as she anticipates her bright future with upcoming

animated comedy *Sausage Party* and a series she's developing with Seth Rogen. Perhaps more so, she's proud her star is finally on the rise — a dream she never let go.

"I'm not going anywhere," stated Beard, offering a bit of advice to Canadian actors thinking of heading to Hollywood.

"We have the best place to go back to and if you want to chase your dream out here, it's so important to always remind yourself that the alternative is amazing."



With Jeanie, I understood who she was immediately.

Sugar Lyn Beard on her character

EXTRAS

Canadians connect in Hollywood

"There's no question that the minute somebody is identified as a Canadian in a group of people, we all just melt down a bit with joy," said Beard. "We support and love each other through the journey."

What goes around comes around

"I've been out here for so long," said Beard of her eight-year journey in Hollywood. "(Now) I'm surprising a lot of people doing stuff that I learned back in the day in Canada on YTV."

Who is Sugar Lyn Beard?

Best known as longtime host on YTV Canada's "The Zone", Beard's recognizable voice has been featured in over 30 animated series.

LGBTQ DOCUMENTARY

Finding freedom through film

As a young transgender woman in Uganda, Cleopatra Kambugu found herself at risk simply for seeking to live life as her authentic self.

The East African country is notorious for anti-LGBTQ laws which criminalize same-sex relations. After Kambugu was outed by a tabloid, she went into hiding, relying on her family to bring food and supplies.

After leaving Uganda for Kenya with her partner, Nelson, the LGBTQ activist found new freedom through film.

"I felt this was my last hope to be able to give back to the community by being able to (use) my voice," Kambugu said in an interview for *The Pearl of Africa* which screened during the Hot-Docs Festival in Toronto.

"It was also safer because I wasn't in Uganda anymore. I was staying in Nairobi. So it was safer for me to proceed with the movie." Kambugu said she had long discussions with filmmaker Jonny von Wallstrom about ensuring there were "different layers and nuances" of how the story was told. "I guess one thing that's never talked about is the apathy and the violence that men or women who date transgender people face. They're also part of the transition."

In addition to reflecting the difficulties faced by the queer



Cleopatra Kambugu with her boyfriend Nelson in Toronto promoting the documentary *The Pearl of Africa*. THE CANADIAN PRESS

community, von Wallstrom said he also wanted to reflect the universality of Kambugu's experience. "I think it's strange that this is only looked upon as a trans story. This is so much more than that. It is also about being black and it's also about being human," he added, noting that the "universal love story" at the centre of the film also resonates.

The *Pearl of Africa* arrives on screens at a time where trans rights remain a prominent point of discussion and contention.

The Pentagon has announced transgender people will be allowed to serve openly in the U.S. military. Meanwhile, in North Carolina, battle lines continue to be drawn over bathrooms with protests over state law widely seen as discriminatory to LG-

BTIQ people. The law states that transgender people must use bathrooms corresponding with the gender on their birth certificate in government buildings as well as in public schools and universities.

In May, the Obama administration told public schools across the U.S. that transgender students should be allowed to use bathrooms and locker rooms that match their gender identity.

"We didn't know four years ago when we started that it would become such an important national topic. And it's really great to see all of a sudden it has become much more relevant," said co-director Jessica Dimmock.

THE CANADIAN PRESS WITH FILES FROM THE ASSOCIATED PRESS

DOCUMENTARY

Daughter brings iconoclastic musician to life

Richard Crouse
For Metro Canada

Moon Zappa, daughter of the late, great musician Frank Zappa, says: "Growing up I hated sharing him with the fans."

Or anybody else it seems.

"I once brought him to show-and-tell when I was in third grade," she says. "I was so excited to share my dad with the class. Then he spent the whole time tickling all the other children. I was furious but they loved it."

Maturity has brought a different perspective, and now the 48-year-old is sharing her life and her iconoclastic father with the world as she helps promote a new documentary that covers his creative life and times.

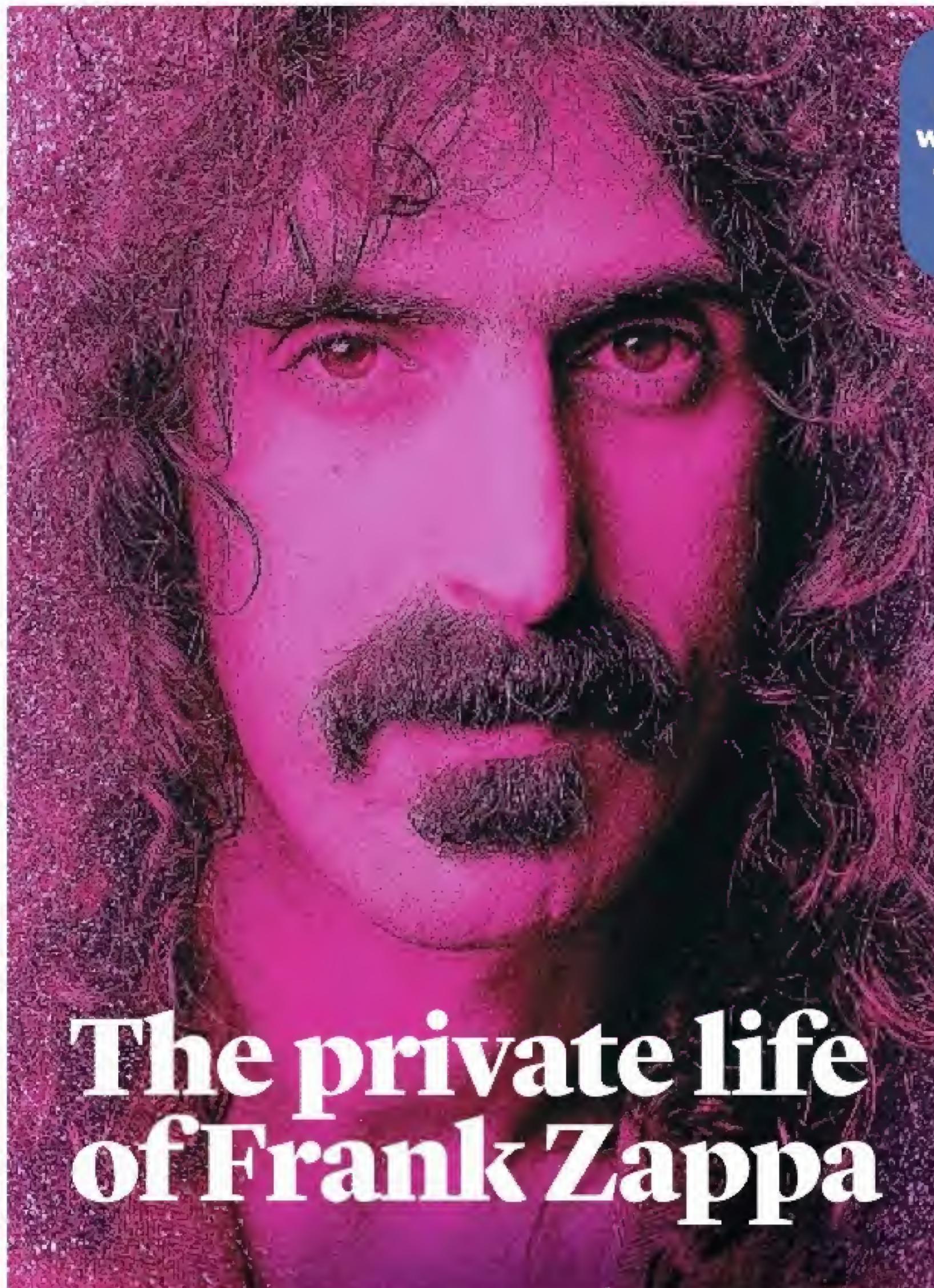
Eat That Question: Frank Zappa In His Own Words uses a collection of archival interviews and television clips to paint a word portrait of Zappa sans any context, voice-over or other documentary tricks.

"He did speak to the underdogs and he did illuminate many minds," says Moon. "You have a little taste of him and you want more. You want to have him all to yourself and I certainly had that feeling. Now I like sharing those stories but at the time I thought I really want him all to myself."

By the end of *Eat That Question*'s running time, a picture has been painted of a man who self-describes himself as a freak and a conservative, a family man and an out-of-the-box musician who played by his own rules.

"He definitely had a regular life," says Moon, the oldest of four Zappa kids. "He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour and who couldn't really have a confrontational conversation. He always struck me as a Sicilian patriarchal kind of parent. As an adult I went, 'Of course that is ridiculous. Of course he had this other life.'

"For example, I knew he had cheated a few times, but I didn't realize the magnitude of the cheating. From one perspective it's a fantastic rock 'n' roll perk, but for a daughter it feels



He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour.

Moon Zappa



pretty crappy to have a cheater dad. That is something I am reconciling. I also have tremendous respect for him but it's all so confusing."

Moon, formerly known as Moon Unit, tasted her father's fame as the "grody to the max" vocalist of Frank's Top 40 hit *Valley Girl*, but says she craved a normal life.

"I longed for structure," she says. "When I saw John Hughes films I was, 'Wait! People sit at a dinner table? Wait! People say sorry?' Even to this day when I see somebody with a sweater draped over their shoulders, or a loafer or an exposed ankle, I'm like, 'That is so exotic.' I think if I had grown up in the repression my father encountered I would also have put two rocket boosters on my back, but growing up like that was too much. It was like fastball pitches every single minute."

The elder Zappa was a complex man, but Moon says *Eat That Question* "is exactly how I wish the world could perceive him."

"This one for me really tells the story of my father answering his calling and the stamina required to see a dream through. That is a human story. That's why I think his story connects on a human level. It's universal."

The private life of Frank Zappa

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THE TV DINNER JESSICA ALLEN

I ended a day filled with firsts teary eyed at the moment during the race that fades from the track back to Alec riding the Black on the beach

time screenwriter Melissa Mathison, who'd go on to pen *E.T. the Extra-Terrestrial*.

It was only the second feature film for Caleb Deschanel, who'd go on to win five Academy Awards for his cinematography — although scandalously he did not so much as score a nomination for his exceptional work on *The Black Stallion*. And it was the first acting role for Kelly Reno, who plays the freckle-faced boy Alec. Reno, bright, quiet, and unaffected — reminding me of my older brother at that age — didn't so much act. He just was.

Ballard said that because the "big suits" didn't know what to do with this "art film for kids," *The Black Stallion* was shelved for two years — until Coppola used his God-father clout to make sure it saw the light of day in 1979. It was nominated for two Academy Awards, and earned a special Oscar for sound editing

(during the final racing scene you can hear the Black breathing and the sound of his hooves pounding the track.) Pauline Kael and Roger Ebert adored it. Never mind all that: To my eyes, it's a perfect film.

Now, normally I make a big feast for our Sunday night dinner but the Queen's Plate meant that I got home, hot and exhausted, after Simon finished work. "What's for dinner?" I asked, astonished by these novel words coming out

THE MOVIE:
The Black Stallion



THE MEAL:
Grilled halloumi and veg



I attended my first horse race on Sunday: the 157th Queen's Plate at Woodbine Racetrack, to be precise.

And "attend" is a bit of a stretch: I was there, working actually, so I only saw the races on screens stationed throughout the grounds. But I did manage to sneak away to the track, standing just north of the grandstand, trying to visualize the scenes that were shot here nearly 41 years ago to the day from *The Black Stallion*.

The Francis Ford Coppola-produced film was helmed by first-time director, and Coppola's former UCLA classmate, Carroll Ballard, working from a script co-written by first-

of my mouth.

To my delight, he was prepared: "I think it's outrageous that we haven't had grilled halloumi yet this year," he said, "so I picked some up." While I sliced the white, firm-but-spongy cheese for the first time this year, he prepared the peppers, zucchini and some garlic scapes. We sat outside under pink clouds, cicadas singing, and grilled out dinner. "We're watching *The Black Stallion* tonight," I said.

There was no debate.

"Did I ever tell you that my high school film teacher made us watch the first half of the movie, when there's hardly any dialogue, just Alec and the Black on the deserted island?" Simon said. "He used it as an example of pure cinema."

And it's only intensified by the original score composed by Francis' father, Carmine Coppola.

During the second half of the film, we tried to guess the Queen Street East Toronto locations doubling as Queens, New York locales from the 1950s. We also spied a porch that we suspect belongs to a grand old home on High Park Blvd, just around the corner from us. Simon fell asleep for the finale. I was bright-eyed — anticipating the moment during the race that fades from the track back to Alec riding the Black on the beach — and then, quite unexpectedly, teary-eyed. I sat back while the credits rolls, in wonderment that a film I've watched countless times throughout both my childhood and adulthood, could still so deeply affect me. What an extraordinary thing.

Jessica Allen is the digital correspondent on CTV's *The Social*.

FILM BRIEFS

Rose McGowan defends Zellweger, slams film critic

Actress Rose McGowan is calling out a film critic for writing that Renee Zellweger no longer looks like herself and insinuating that Zellweger underwent plastic surgery.

In an op-ed piece for *The Hollywood Reporter*, McGowan calls Variety film critic Owen Gleiberman a bully and "an active endorser of what is tantamount to harassment and abuse of actresses and women."

McGowan is responding to a column Gleiberman wrote last week on the trailer for the *Bridget Jones's Baby*, the third film in the franchise starring Zellweger as the title character. Gleiberman writes that the Oscar winner no longer looks like *Bridget Jones*. He says that while watching the trailer he "felt like something had been taken away."

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Mortensen steps into dad shoes in new role

FESTIVAL CIRCUIT

Explores a utopian life for kids in Captain Fantastic

In *Captain Fantastic*, Viggo Mortensen plays one of the all-time great movie dads. Holed away in a remote Pacific Northwest teepee, he's raising six children like a bookish, yoga-practicing Swiss Family Robinson. The children, well-behaved and smart, are equally adept at skinning a deer and reading *The Brothers Karamazov* by the campfire. They pine after boning knives like most kids do iPhones.

Captain Fantastic, a hit on the festival circuit, has resonated for audiences as a movie for its time: a heartfelt and comic exploration about whether our hyper-digital, cacophonous lives have strayed from more elemental things.

"It feels like one of those movies that has connected with something related to U.S. society

some autobiographical aspects to the tale. His mother, he says, was "a seeker" and he grew up partly in alternative living communities. ("They were hippie communes but they weren't really hippie communes because it was the '80s," he jokes.) He has lived in a teepee in the summer and does, like his fictional family, celebrate Noam Chomsky Day. ("He's my hero," he says.)

But the film, which opens Friday, mostly came out of Ross's own parenting. He and his wife, who live in Berkeley, Calif., have a 13-year-old daughter and 9-year-old son.

"I had a lot of questions about being a father and a parent, and I wanted to contextualize it or dramatize it," says Ross. "And I was sort of butting up against our culture and who we are as a country."

For the shoot in Washington, Ross had his cast come out two weeks early to help build the family's home.

"There were many things on some scale I had to learn for this," says Mortensen. "I'm not that kind of parent. I don't have

“I like to bring objects, ideas. And I like to work with directors who aren’t threatened by that. It’s just my process and it helps me.”

Viggo Mortensen on how he prepares for roles

right now," Mortensen said while smoking a cigarette on a rooftop patio after the film played at the Cannes Film Festival in May. "People get bewildered and think: 'I can't do that. I'm not going to skin a f-ing deer.' But there are other things you can do."

The film is the second directing feature for Matt Ross, a veteran actor known to many as Gavin Belson on HBO's *Silicon Valley*. In *Captain Fantastic*, the idyll of the family's off-the-grid existence is challenged when their mother dies. A bus trip to her New Mexico parents (long critics of their lifestyle choices) confronts the kids with consumerist American life and teases out questions about their highly educated but socially removed upbringing. Should 8-year-olds really be climbing rock faces?

Ross acknowledges there are

his way of reasoning. But I do connect to certain things and approve of other things. I was very happy to be in the woods."

It's the kind of preparation that Mortensen relishes. For *The Lord of the Rings*, he slept outside with his sword. For David Cronenberg's *Eastern Promises* (Mortensen's lone Oscar nomination), he briefly lived in Russia and suggested his character's extensive Russian mafia tattoos. On *Captain Fantastic*, he built a garden and learned to play the bagpipes.

"I like to bring objects, ideas. And I like to work with directors who aren't threatened by that. It's just my process and it helps me," says Mortensen. "I just want to make the most of each moment we're filming, in terms of preparing it and doing it, but also as a human being. This is part of my life. It's not just a fiction." THE ASSOCIATED PRESS



From left, Viggo Mortensen, Samantha Isler, Nicholas Hamilton, Annalise Basso, George MacKay and Charlie Shotwell appear in a scene from *Captain Fantastic*. CATHY KANAVY/BLEECKER STREET VIA AP



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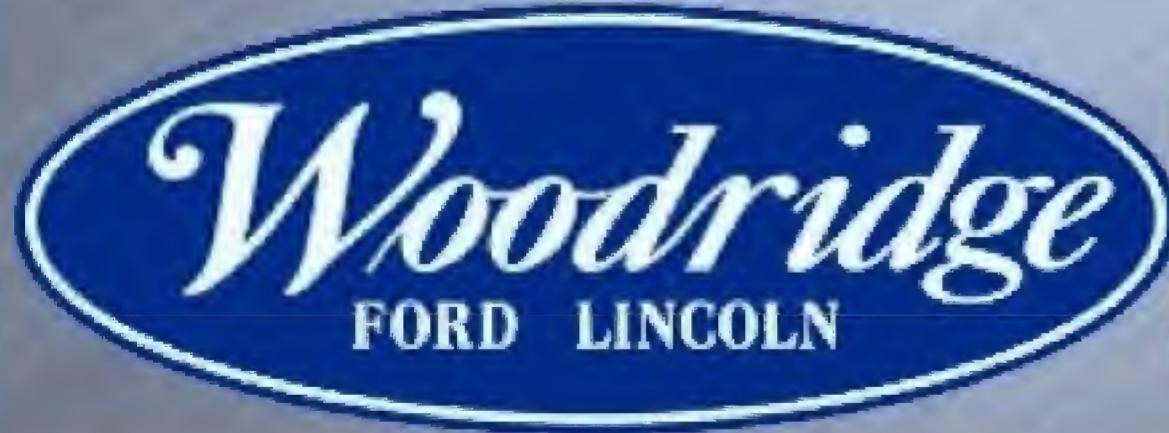
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GOSSIP BRIEFS**Snoop gifts Kobe a car**

Kobe Bryant has received a one-of-a-kind retirement gift from Snoop Dogg: a Los Angeles Lakers-themed convertible.

The car's hood features Bryant alongside team greats like Magic Johnson, James Worthy and Kareem Abdul-Jabbar — as well as Snoop himself.

THE ASSOCIATED PRESS

**Silverman has close call**

Sarah Silverman says she's "insanely lucky to be alive" after undergoing surgery and spending a week in intensive care due to "a freak case of epiglottitis."

The condition, a swelling of the cartilage lid that covers the windpipe, can block the flow of air into lungs and is potentially life threatening.

In a Facebook post on Wednesday, Silverman said she owes her life to the staff at Cedars-Sinai Medical Center. THE ASSOCIATED PRESS

COMICS

Vader has workday woes in new series

Mike Donachie
For Metro Canada

Darth Vader's had a bad day at work, and he's in trouble with his boss.

That's the idea behind this great little series, which thrilled readers in monthly comics and this week has its first 12 episodes collected in a hardcover for the first time.

It starts right after the events in *Star Wars IV: A New Hope*, when the Rebel Alliance have hit that target and blown the Death Star (this is the first one) into oblivion. The Emperor is less than thrilled, and calls Vader in for a meeting in his office. It is not pleasant for the wheezing, black-clad employee.

So, given a new mission, Vader is sent

**DETAILS**

Darth Vader Hardcover #1
By: Kieron Gillen and
Salvador Larocca
Publisher: Marvel Comics
296 pages, \$34.99

away smarting. But he has his own secret plans, having felt the presence of Luke Skywalker.

This book's pure entertainment, with Boba Fett, Jabba the Hutt and more. The new creations are perhaps the best fun, especially the droids Triple Zero and BeeTee, who may look like protocol and astromech models but are far more murdery.



Actor Paul Dano and director Daniel Scheinert on the set of *Swiss Army Man*. JOYCE KIM/COURTESY A24

Filmmaking done with body and soul

SWISS ARMY MAN

Movie's gross premise makes for engrossing experience

Richard Crouse
For Metro Canada

Swiss Army Man, the story of a marooned man and his dead buddy's journey back to civilization is a tale of friendship and what it means to be alive, — really and truly alive.

The easy thing would be to describe the new Daniel Radcliffe, Paul Dano two-hander as *Cast Away* meets *Weekend at Bernie's*, but that doesn't grab the poetic essence of what the film is trying to achieve.

"We make our movies for ourselves and we wanted to surprise ourselves into learning something and feeling something," says Dan Kwan, the film's co-director and co-writer.

Kwan is half of Daniels, his directing collective with partner Daniel Scheinert. The duo came up with the idea for *Swiss Army Man* after directing a series of innovative, internet-breaking music videos like DJ Snake and Lil' Jon's *Turn Down for What* (35 million views and counting).

"We've been working together since 2009 and kind of discovered this movie as much as we wrote it," says Scheinert. "We have very different film-

making processes but very similar tastes. As we work together certain stories started to reveal themselves.

"It's kind of autobiographical about the two of us. That's a joke answer but it is also kind of true. Certain jokes would make us both laugh. Somewhere in that stew of us becoming friends a movie about two guys becoming friends came out. The signature image of a man riding a corpse's farts across the ocean came out somewhere in there. The relationships with all the crew that made this movie also inspired the movie. We met our DP and our production designer and wrote a movie that played to their strengths."



The overall meta joke was, let's make a farting corpse movie but let's make the most personal movie we can.

Dan Kwan, co-director and co-writer

pouring a lot of ourselves into it."

"Dan keeps saying this movie breeds a strange kind of empathy," adds Scheinert. "One of the goals was to tell the most unlikely love story. We knew Farting Corpse and Daniel Radcliffe would be viral. Cool, but if we can make you really care about that farting corpse, what a cool achievement. If we can do that, what can't you care about?"

"You can walk out of the theatre and it will be real hard for you to find someone you can't empathize with once you have just fallen in love with a farting corpse," Scheinert says.

Reviews have ranged from rapturous ("Hilarious, de-



The overall meta joke was, let's make a farting corpse movie but let's make the most personal movie we can.

Dan Kwan, co-director and co-writer

ranged, and always alive with possibility.") to rotten ("ridiculously infantile") but the Daniels are unfazed by the reaction.

"Even some of the bad reviews were sweet and complimentary," says Scheinert. "Mostly they just want people to see the film."

"I hope people go to a theatre and watch it with strangers because even if they hate it they'll have a really memorable experience."

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Dr. Seuss' secret artwork goes public

THE PENDULUM GALLERY

Artist's private works reveal another side

Late at night, with the world asleep, Theodor Seuss Geisel to his studio would creep. The author and illustrator stashed his

author and illustrator stashed his unfinished prose and unrolled artwork that nobody knows. Rare look at works that Geisel asked his wife not to release publicly until he was dead.

The world came to love him as Dr. Seuss; he famously created characters like the Whos. An expert says that his midnight jam helped him dream up stories like *Green Eggs and Ham*.

"At nighttime, it was just his own unbridled creativity he was able to put out there on canvas, on a piece of paper, on board," said Jeff Schuffman, spokesman for the Geisel Foundation.

for the Art of Dr. Seuss Collection for more than a decade. In a preface to a book of his works, the "Midnight Sun,"

More than 40 reproductions
spanning 50 years of Geisel's

writes: "I'm gratified to carry out Ted's wishes and have these works revealed to the world."

Schuffman said there is the public side of Dr. Seuss that many grew up with, but visitors to the exhibit will discover his private mind.

Geisel, born in 1904 in Massachusetts, was a self-taught artist whose talents ranged from watercolour to oil to sculpture, Schuffman said. He studied at Oxford University to be an Eng-

lish professor, but quit when he realized he was doodling more than taking notes.

He began his career as an editorial cartoonist in the 1920s, served in the army during the Second World War and visited more than 30 countries in Europe and South America before he was 30 years old.

"I meet a lot of people at shows and exhibitions who knew that Seuss certainly was an author who revolutionized

children's literacy in the late 1950s, but never realized that he actually illustrated those books as well," Schuffman said.

Among the gallery highlights will be a portfolio of nine drawings recreated last year to honor

ings recreated last year to honour the 25th anniversary of Geisel's final book, *Oh the Places You'll Go!* He made the hand-coloured drawings before the book went to final ink and paint.

A quirkier display will be five surreal animal heads mounted

on wood plaques made in the 1930s, called Unorthodox Taxidermy. Fabricated from paint, papier mache and clay, the sculptures have names like The Carbonic Walrus and the Goo-Goo-Eyed Tasmanian Woghost.

Schuffman described the work being displayed as having a "Seussian slant."

"When you see them in context with his full body of work, it just clicks and makes sense."

THE CANADIAN PRESS



A Vancouver exhibition will offer a rare look at the artwork of Theodor Seuss Geisel, like "Martini Bird" seen here.

HANDOUT/THE ART OF DR. SEUSS AND HESS GALLERY/THE CANADIAN PRESS

A full-page promotional flyer for South Trail Kia. The top half features a 'Summer of Savings Sales Event' banner with a large '\$7,777' offer and a '0% up to 84 months' financing option. To the right is a map showing the dealership's location at 130th Ave, just east of 52nd St. The middle section highlights a 'Perfect Storm' promotion with minor hail and huge savings, up to \$11,000 on select models. It features a 2016 Kia Sorento LX+ Turbo with a \$4,000 savings and monthly payments of \$87 weekly or \$88 weekly. Below are five more vehicle offers: 2016 Rio Sedan LX, 2016 Soul LX, 2016 Forte LX A/T, and 2016 Sedona L. The bottom half includes a list of dealership benefits, a special oil change offer starting at \$39, and a 'WE'VE GOT YOU COVERED' section with various service and financing logos.



Kayhan Kalhor of Silk Road Ensemble and Aynur Doğan show off their skills in the new Yo-Yo Ma documentary *The Music of Strangers*. COURTESY OF PARTICIPANT MEDIA

Yo-Yo Ma on instruments of change

MUSIC

Cellist's Silk Road Ensemble mixes sounds, cultures

Richard Crouse
For Metro Canada

Near the beginning of a new documentary called *The Music of Strangers: Yo-Yo Ma and the Silk Road Ensemble*, world famous cellist Yo-Yo Ma tells a joke.

"A little boy says to his father, 'When I grow up I want to be a musician.'"

"Sorry son," the father replies,

"you can't do both."

It's a subject Ma knows something about. Performing since the age of five, by seven he had played for presidents Dwight D. Eisenhower and John F. Kennedy. Since then he has appeared with all the world's great orchestras, released 90 albums and won 18 Grammys.

"The idea of being a musician means that you have access to wonder," he says. "When you become too adult-like and concerned about responsibility you tend to push wonder aside. That moment where you take a step back and look at where we are and look at what the world is about. Those are decisions we have to remake every single day — to engage, to love and care for and to recommit. It's a form

of positive will and expression. If you don't have that you can't do anything. To me it is the ultimate antidote to paranoia, to hate, to terror is to care about things. To care about truth and be open."

The cellist's openness led him on a 20-year journey to form The Silk Road Ensemble, a loose collective of international master musicians named after the ancient trade route between China and the Mediterranean. Featuring instruments from the Silk Road region, Ma mixes and matches his cello with the exotic sounds of the pipa, a Chinese short-necked plucked lute, a Mongolian horse head fiddle called a morin khuur and a Shakuhachi, a Japanese bamboo flute among others to pro-

duce an otherworldly sound that blends different cultures and styles.

"It's not so much what makes stuff different but more the fact that we work in such a connected world," says Ma. "Part of it is that, and part of it is to recognize the strength of individuality but also inherent in that strength is flexibility. It doesn't mean that because the bagpipe is louder than the violin we should never put the two together. It's more like, unlikely bedfellows, 'O my gosh, there could be something extraordinary that could come from that.'"

The movie, directed by Morgan Neville, who won an Oscar and a Grammy for his 2013 documentary *20 Feet from Stardom*, chronicles the evolution of the

I'm drawn to what I don't know versus what I do know.

Yo-Yo Ma



collective and the individual journeys of the players. Wrapped around those portraits is the story of the group's most famous member. Ma is revealed to be a thoughtful man with a wandering, restless creative spirit.

"I was scared to death before doing something like this," he says. "I'm drawn to what I don't know versus what I do know. I

think my life is kind of boring because if you ask me questions about myself you will very often get the same answers. I know the answers. What little I know I can tell you about but that is not particularly interesting. What I don't know is, for me, the source of all knowledge, everything you know is actually very little."

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Just who is Tom Hiddleston, anyway?

CELEBRITY COUPLES

Taylor Swift's new boo boasts impressive list of acting gigs

Although he is forever doomed to be known to millennials as pop star Taylor Swift's boyfriend, Tom Hiddleston happens to be one of the most gifted actors on stage, film or television.

This is the freakish nature of living in the Hiddleswift bubble and dating a woman with 69 million Twitter followers. Also, Kim Kardashian at 44 million could only hope to have that kind of reach.

The English actor is perhaps best known for his role as Thor's evil brother Loki in The Avengers movie series.

But the 35-year-old thespian also has a substantial body of challenging and critically acclaimed work including a stage career in London's West End, which won him a Laurence Olivier Award for Best Newcomer. Watch him sing and play guitar as American country star Hank Williams in the biopic I Saw The Light and you will forget that Loki ever existed.

Still, while he has made the leap to leading man status, he doesn't quite elicit the same level of fawning devotion as his good friend, fellow British actor Benedict Cumberbatch. But a dalliance with Swift certainly won't hurt his reputation.

He does have dedicated fans who call themselves Hiddlestoners who follow his every move passionately. His body

of work, ranging from big budget sci-fi to serious drama also means that he has a diverse fan base that overlaps and intersects with Cumberbatch's Cumberbitches, Dr. Who's Whovians, the Marvel Universe and the Shakespeare fan club.

Here are a few reasons why Hiddleston is more than a boy toy or a future footnote in a Taylor Swift lyric.

He has a brain

At the age of 13 he entered Eton College. He then went on to Cambridge University where he earned a double first in Classics.

He is everywhere

In 2015 alone Hiddleston starred in Guillermo del Toro's gothic thriller Crimson Peak, as Hank Williams in I Saw The Light, and in the cinematic



Taylor Swift and Tom Hiddleston visit the beach and go for a very British country walk in Suffolk, U.K. Top right, Hiddleston as Jonathan Pine in *The Night Manager*. XPOSUREPHOTOS.COM/DES WILLIE/AMC

I simply love the theme tune, the tropes and the mythology. I love the whole thing.

Tom Hiddleston on the James Bond franchise

The *Night Manager* saw him as a late contender for 007, but initial talks have come to an end, a Bond film source told the Sun. "Bond needs an air of mystery — his public romance with Taylor has made him totally uncastable."

The man can dance

It helps to have some rhythm when you're going out with a global pop star. And apart from breaking out in the occasional Shakespearean monologue, Hiddleston likes to bust out the moves and he's not particular where — although Asian talk shows seem to be a particular favourite. TORSTAR NEWS SERVICE

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WAYS TO GET YOUR EUROPE FIX IN CANADA

Can't travel across the pond this summer? Whether you're craving nature, culture or old-world charm, it's possible to find a slice of Europe right here on Canadian soil. Here are six options for your next 'European' vacation.

VAWN HIMMELSBACH/FOR METRO

Stratford-upon-Avon?

Then head to: Stratford, Ont.

Both are known for: Shakespearean theatre scene

Europe: Picturesque Stratford-upon-Avon, set in England's Warwickshire countryside on the banks of the River Avon, is the birthplace of playwright William Shakespeare. Hundreds of years later, it retains this legacy with the Royal Shakespeare Theatre.

Canada: Stratford was named after Shakespeare's birthplace and it's become a well-known arts hub. From April to October, it hosts the annual Stratford Festival, celebrating Shakespearean classics and new works from Canadian playwrights. Plus, it's a pretty town with well-preserved 19th-century architecture, set alongside its very own Avon River.



TORSTAR

Helsinki?

Then head to: Thunder Bay, Ont.

Both are known for: Rugged wilderness, midnight sun and saunas

Europe: Finland is a densely forested country, with long, dark winters and round-the-clock sunshine in summer — and an estimated 2 million saunas.

Canada: Like Helsinki, Thunder Bay is surrounded by rugged wilderness — it's one of the reasons why Finns started settling here in the 1870s. It's now considered one of the largest settlements of Finns outside of Finland, where you'll find a Finn Festival. Head to the Hoito, a legendary Finnish restaurant for Finnish pancakes.



TORSTAR

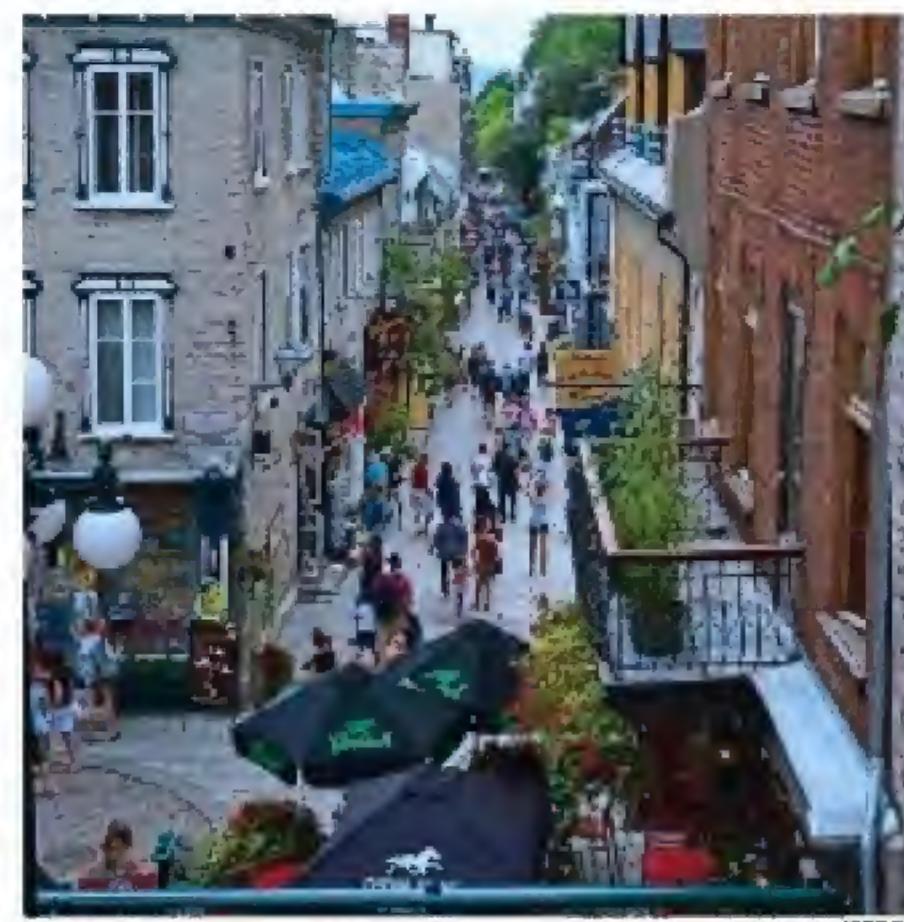
Paris?

Then head to: Quebec City

Both are known for: French culture

Europe: Paris is a cultural mecca, known for its art, fashion and cuisine. It's also home to cultural icons such as the Eiffel Tower, Louvre and Notre Dame Cathedral.

Canada: Language isn't the only similarity between these two cities. Quebec City has more than 400 years of history, earning it a place on UNESCO's world heritage list. Wander the narrow cobblestone streets lined with cafes, bistro and shops, with the smell of crepes wafting through the air, and you'll be transported to the Left Bank. Quebec City even has its own Seine (the St. Lawrence River) and Notre Dame Basilica.



ISTOCK

Budapest?

Then head to: The Canadian Rockies

Both are known for: Natural therapeutic waters

Europe: Budapest is often referred to as "the city of baths," with more than 120 hot springs and a rich spa heritage dating back to Roman times. One of its most renowned public bathhouses is Széchenyi Baths, set in a palatial complex with thermal sitting pools.

Canada: The Canadian Rockies don't look much like Pest, but they're brimming with thermal hot springs and spa culture. Take to the waters at Banff Upper Hot Springs, where you can soak in soothing mineral water against a backdrop of alpine scenery. Miette Hot Springs, in Alberta's Jasper National Park, features the hottest mineral springs in the Rockies, ideal after a day of hiking. And Radium Hot Springs in B.C.'s Kootenay National Park offers expansive hot springs.



TORSTAR

Scotland?

Then head to: The Okanagan

Both are known for: lake monsters

Europe: Loch Ness is a large, deep loch in the Scottish Highlands — so deep, in fact, that its resident lake monster, Nessie, has managed to elude tourists and locals alike for decades.

Canada: While the Okanagan is more desert than highlands, it has its own lake monster. Even if you don't have any luck spotting the multi-humped Ogopogo, Lake Okanagan is a summer paradise.



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Preserving the women's Route 66

U.S. HISTORY

Online record to collect little-known narratives

It was a man's world nearly a century ago when one of America's most famous highways got its start, opening up vast expanses of the West as it created an automobile artery that stretched roughly 3,800 kilometres from Chicago to the West Coast.

But it wasn't only men behind the wheel or working in the services stations and cafés along historic Route 66.

The National Park Service and the non-profit Cinefemme have partnered to create an online historical record of the experiences of women and girls along the Mother Road.

Writer and project director Katrina Parks says she was surprised by the diverse ways in which women's lives intersected with the road, from the pioneering female architects who designed buildings along Route 66 to the waitresses, shop keepers, postmasters and others who kept



Virginia Tellez Wayne, now 94, is among the dozens of women featured in an oral history project focused on the women of Route 66.

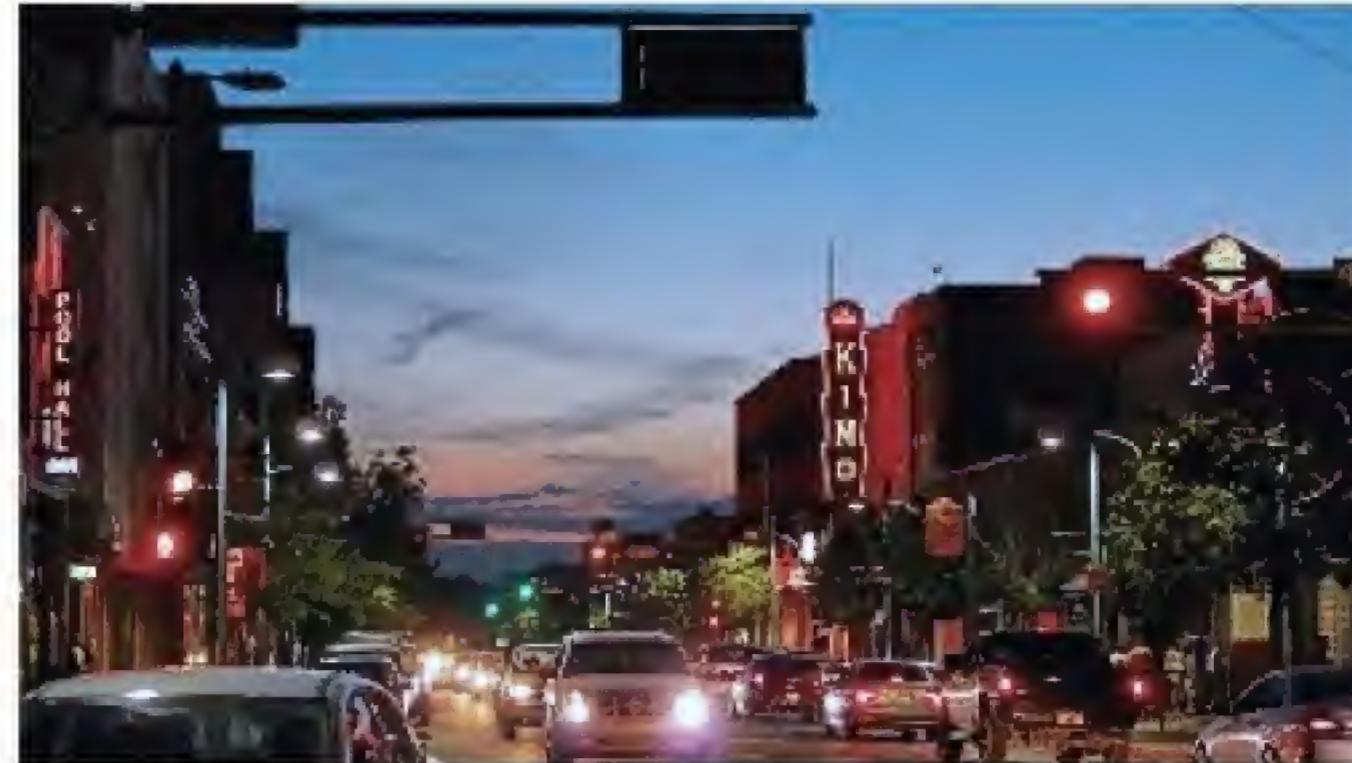
THE ASSOCIATED PRESS FILE

daily life humming.

Then there are artists such as Dorothea Lange, who travelled part of the route through Oklahoma, New Mexico, Arizona and California during the 1930s and captured through her photographs the struggles of migrant farm families.

There are stories about the daughters of Mexican and Chinese immigrants who made their homes in the West and opened family grocery stores, laundries and restaurants along the route.

Threads of discrimination, determination, adventure and



Cars make their way down the historic Route 66 in downtown Albuquerque, N.M.

THE ASSOCIATED PRESS

perseverance run through the women's stories.

"We saw there was this great narrative about Route 66 out there that tended to be focused on the traveller's experience," said Kaisa Barthuli, who works with the National Park Service Route 66 Corridor Preservation Program.

"We realized that Route 66, as a symbol of America, had the potential to tell so many deeper stories. It's about pulling out these lesser-known stories that really help people connect and understand our history."

The project was funded through a cost-sharing grant from the Park Service. The website is expected to evolve, and Parks plans to use the oral histories she has collected for a

documentary.

The women's stories cover several decades, from the road's beginnings to its current rebirth.

The first half of Virginia Tellez Wayne's life centred on the route in Gallup, New Mexico.

The oldest of 14 children, she started working two and three jobs early on to support her siblings and later her five sons. She

worked as a Harvey girl, greeting and serving train passengers and movie stars at Fred Harvey's El Navajo Hotel, El Rancho and the Shalimar—all fixtures along the highway.

"If it weren't for us women, there wouldn't be no 66," she said, laughing. "We were into everything."

Now 94, Tellez Wayne lives in Albuquerque with her son in a home that backs up to old Route 66 on the western edge of the city.

A fellow at the University of New Mexico's Center for Southwest Research, Donatella Davanzo, has been working to document every building along Route 66 in Albuquerque, home to the largest uninterrupted segment of the road left in an urban area.

A native of Italy, she took her first trip down the Mother Road in 2006. "I started to consider the historic corridor as a cultural landscape able to connect American history and local places and communities," she said.

"It still for me has a sense of freedom and adventure, which I think is what captivates so many people," she said.

THE ASSOCIATED PRESS

TRAVEL NOTES MEMORIAL PARK, WALKING TOUR, CRUISING

Elevated park opens at 9-11 site

Visitors to the World Trade Center site now have a new view. The one-acre, elevated Liberty Park opened to the public last week. Built on top of a security centre, it overlooks the memorial to those who died in the Sept. 11 attacks. The park includes the "Living Wall," a newly planted vertical garden, as well as a sapling grown from the horse chestnut tree outside Anne Frank's home in Amsterdam. The park is open daily from 6 a.m. to 11 p.m. THE ASSOCIATED PRESS



The World Trade Center site. GETTY IMAGES

Walking tours of Vancouver, Victoria

The Architectural Institute of B.C. is offering guided walking tours in Vancouver and Victoria throughout the summer. From Vancouver's densely populated West End to trendy Yaletown, the tours highlight the history of districts that also include Gastown, Chinatown, Downtown and Strathcona. In Victoria, Chinatown, Fort Victoria and James Bay, the childhood home of artist Emily Carr, are areas that will be explored. Visit aibc/tours to book online. THE CANADIAN PRESS



Victoria's architecture. ISTOCK

New terminal slated for PortMiami

Royal Caribbean Cruises has announced plans to build a new terminal at PortMiami that will serve as home port to Royal Caribbean International ships, including one of the world's largest passenger ships. The cruise line announced an agreement last week with Miami-Dade County to build the new terminal on land leased from the county. Royal Caribbean CEO Richard D. Fain says he's looking forward to bringing a 5,400-passenger Oasis-class ship to PortMiami. Miami-Dade Mayor Carlos Gimenez says the plan has an estimated economic impact of \$500 million and will generate 4,000 jobs. THE ASSOCIATED PRESS



A new cruise terminal is set for Miami. ISTOCK



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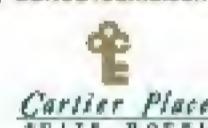
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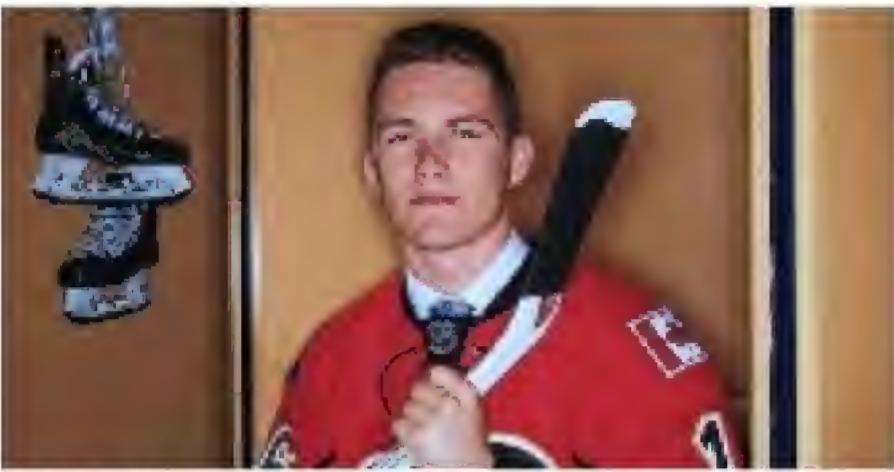
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Entertainment SPORTS

"Little shy kid from Chicago came from Milwaukee to Miami and really grew up": Dwyane Wade on Live with Kelly after announcing he'll join the Bulls



Calgary's first-round pick Matthew Tkachuk. GETTY IMAGES

NHL

Flames ink Tkachuk to entry-level deal

The Calgary Flames have signed first-round draft pick Matthew Tkachuk to a three-year entry-level contract.

The sixth-overall pick in June's NHL draft helped the Ontario Hockey League's London Knights to a Memorial Cup title earlier this year. Tkachuk scored the overtime winner in the championship final.

The 18-year-old left-winger recorded 107 points (30 goals, 77 assists) in his first regular season with London. Tkachuk added another 40 points, including a league-best 20 goals, in the OHL post-season to help the Knights win 17 consecutive games en route to the OHL and Memorial Cup titles.

THE CANADIAN PRESS

IN BRIEF

Venus falls short of all-Williams Wimbledon final

Venus Williams' deepest Grand Slam run in a half-dozen years ended one victory short of what would have been yet another Wimbledon title match against her sister Serena.

Venus was broken in her first four service games Thursday and lost to No. 4-seeded Angelique Kerber 6-4, 6-4. Earlier, Serena needed all of 48 minutes to overwhelm Elena Vesnina 6-2, 6-0. THE ASSOCIATED PRESS

Kluber steps in for Estrada on AL all-star team

Cleveland right-hander Corey Kluber will replace injured Toronto pitcher Marco Estrada on the American League roster for next week's MLB All-Star Game.

Estrada was placed on the 15-day disabled list by the Blue Jays on Wednesday. He was named to the AL's team less than 24 hours before a sore back put him on the DL.

THE ASSOCIATED PRESS

EURO 2016 SEMIFINALS

France forward helps hosts set up final against Portugal

Antoine Griezmann scored twice as France beat world champion Germany 2-0 on Thursday to line up a European Championship final against Portugal.

Griezmann put France in front from the penalty spot in stoppage time at the end of the first half and then took full advantage of a German defensive blunder to score his second with a calm finish in the 72nd minute.

France reached its first final for a decade and is chasing its first major trophy since Euro 2000. Germany missed its chance to add the European title to the World Cup it won in 2014.

Griezmann has now scored six goals at Euro 2016 — twice as many as any other player at the tournament — and could have completed a hat trick on a break in the 86th but shot straight at goalkeeper Manuel Neuer.

"We're very happy," Griezmann said. "We have to keep our feet on the ground. We still have a match to go."

Germany had gone 50 years unbeaten against host nations at major tournaments, dating back to its loss to England in the 1966 World Cup final and encompass-



France forward Antoine Griezmann scores past Germany goalkeeper Manuel Neuer and midfielder Bastian Schweinsteiger in Marseille on Thursday. BERTRAND LANGLOIS/AFP/Getty Images

THURSDAY In Marseille



ing a famous 7-1 humbling of Brazil in the 2014 World Cup semifinals.

While a repeat of the Brazil rout was never on the cards, Germany could have scored more

than once as it dominated the first half. But it was denied by poor shooting from Thomas Mueller, who ended his tournament scoreless, and a save by Hugo Lloris to block Emre Can's bouncing shot.

France took the lead from the penalty spot after Bastian Schweinsteiger handled the ball in an aerial challenge with Patrice Evra.

Griezmann stepped up to score, striking the penalty hard to Neuer's right.

"I really wanted to take a penalty in a big match like that. I was very composed. I didn't think twice," Griezmann said.

Trailing in a match for the first time in the tournament, Germany could not recover its previous dominance after half-time. It then had to cope with losing key defender Boateng, who picked up an ankle injury after an hour.

The German defence had not conceded from open play all tournament, but it fell apart for Griezmann's second goal in the 72nd minute. A sluggish pass by Benedikt Hoewedes to right back Joshua Kimmich was cut out by Paul Pogba and Neuer could only palm away the midfielder's cross to Griezmann, who finished with ease. THE ASSOCIATED PRESS

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CFL

Bombers eke out first win

Winnipeg kicker Justin Medlock hit four of his six field-goal attempts to give the Blue Bombers their first win of the season, a 28-24 victory over the Tiger-Cats at Tim Hortons Field in Hamilton on Thursday night.

The former Ticat, returning to Hamilton for the first time as a Bomber, hit from 25, 18,

38 and 47 yards out and missed twice from 51 in front of 23,846 former fans.

Hamilton (1-2) committed six turnovers, including two interceptions and three fumbles by quarterback Jeremiah Masoli. Winnipeg (1-2) turned it over twice.

Defensive back Maurice

Leggett had two interceptions, including one returned for a 50-yard touchdown, and Ryan Smith also scored for the Bombers. Brandon Banks' scored a 120-yard kickoff return early in the first quarter, Andy Fantuz and Chad Owen added TDs for Hamilton.

Medlock's replacement in

Hamilton, Brett Maher, made his only field-goal attempt, from 48 yards.

Winnipeg quarterback Drew Willy completed 32-of-42 for 279 yards, one TD pass and a fumble. Masoli completed 29-of-39 pass attempts for 367 yards and two TD passes, but had the five turnovers. THE CANADIAN PRESS

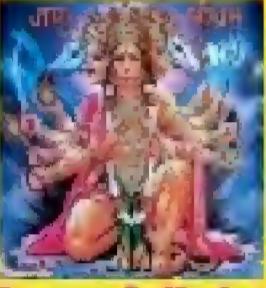


Bombers receiver Ryan Smith
THE CANADIAN PRESS

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